



## ARTB Schools Physical Examination Checklist IAW AR 40-501 chap 8-12

### PASS YOUR PHYSICAL!

Check your physical exam. Do not assume it was done correctly.  
It is your responsibility to make sure all necessary blocks are checked & labs and studies are completed.  
**ANY DEFICIENCY BELOW WILL PROHIBIT YOUR ENTRANCE INTO SCHOOL ON DAY-ZERO.**

	Ranger		Airborne Schools (Basic AB/JM/PF)	
	34 or younger	35 or older	34 or younger	35 or older
<b>REPORT OF MEDICAL HISTORY DD FORM 2807-1 (3 Pages)</b>	X	X	X	X
Name and SSN completed on the top of <b>every</b> page by service member	X	X	X	X
Blocks 1-29 completed by service member	X	X	X	X
Block 30 a, b & c completed by examiner	X	X	X	X
<b>REPORT OF MEDICAL EXAMINATION DD FORM 2808 (3 Pages)</b>	X	X	X	X
Name and SSN completed on the top of <b>every</b> page by service member	X	X	X	X
Block 1 must be dated <b>within 18 months (Ranger) or 5 yrs (Airborne/JM/PF)</b> of start date	X	X	X	X
Blocks 2-15 completed by service member	X	X	X	X
Blocks 16-42, 44, 45-58, 72b, 73, 74 a & b, 77, 78, & 81 a & b completed by examiner	X	X	X	X
Blocks 43, 83 a & b completed by dentist ( <b>Must be Category 1 or 2</b> )	X	X	X	X
Blocks 59, 61, & 63 completed by optometry ( <i>per AR 40-501, Chap 5-3g</i> )	X	X	X	X
Block 71 completed by audiology (attach DD Form 2216E - <b>H2 or H3 Require Waiver</b> )	X	X	X	X
Block 74a Physical Exam is qualified for "Airborne/Ranger Training/School"	X	X	X	X
Block 76 list any Disqualifying Conditions/Diagnoses requiring waiver & date waiver granted	X	X	X	X
Blocks 81 or 84 a & b MD/DO Signature <i>Note: Exams performed by P/ANP <u>must</u> be co-signed by MD/DO</i>	X	X	X	X
<b>ARTB schools physical examination lab requirements (documented on DD Form 2808)</b>				
Urinalysis (block 45 a & b)	X	X	X	X
Urine HCG ( <b>females only</b> ) (block 46)	X	X		
HIV with results and test date (within 2 years) (block 49)	X	X	X	X
Urine Microscopy (block 73)	X	X		
Sickledex (Sickle Cell screen) (block 73)	X	X		
Basic Metabolic Panel (BMP) or Fasting Blood Sugar (FBS) (block 73)		X		
Complete Blood Count (CBC) or Hemoglobin & Hematocrit (H&H) (block 73)	X	X		
Electrocardiogram (ECG) (block 73)		X		X
Fasting Lipid Panel (block 73)		X		
Rectal Exam with Occult Blood (block 73)		X		
<b>Additional Requirements</b>				
<b>Printed copy of ECG report reviewed and signed by a physician</b>		X		X
<b>Printed copy of Hearing Examination (DD Form 2216E) (H2 or H3 Require Waiver)</b>	X	X	X	X
<b>Printed copy of approved waiver signed by appropriate waiver authority(if applicable)</b>	X	X	X	X
<b>COMMENTS:</b>				
1. It is highly recommended you take this checklist to your TMC when you report for your physical examination.				
2. Ensure your provider checks Army Regulation 40-501, <b>CHAPTERS 5-3, 5-4 and 2</b> for conditions that require a waiver.				
3. If you are deemed "NOT QUALIFIED" (DD2808 block 74) for any reason, you must submit a waiver request for each condition/diagnosis listed on DD2808 blocks 76, 77. Guidance can be found at: <a href="http://www.benning.army.mil/infantry/ARTB/">http://www.benning.army.mil/infantry/ARTB/</a> (Click on individual school page for waiver instructions)				
4. <b>Bring a complete copy of your DD2807-1 &amp; DD2808 (6 pages) and all applicable documents listed in Additional Requirements.</b>				
5. <b>Leave a copy of everything with someone who can e-mail it for you on a weekend.</b>				
6. <b>If you have any questions send an email to <a href="mailto:usarmy.benning.infantry-schl.mbx.artb-medical-waiver-section@mail.mil">usarmy.benning.infantry-schl.mbx.artb-medical-waiver-section@mail.mil</a>.</b>				
<b>DO NOT BRING ORIGINALS</b>				
DATED 01DEC2016				