

Fort Benning 2017 Civilian Suicide Awareness Training “In Our Own Voices”



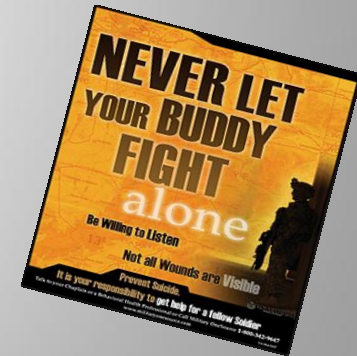
Date: 31 January 2017

Time: 0900-1000/1100-noon

Location: Bldg. 35 Pratt Hall

NAMI In Our Own Voice adds a critical perspective to the popular understanding of what people with mental illness are like. Going to this presentation will provide you:

- A first-hand account of what it's like to live with a mental illness. Presenters humanize this misunderstood topic by demonstrating that it's possible—and common—to live well with mental illness.
- A chance to ask the presenters questions, which allows for a deeper understanding of mental health conditions and dispel stereotypes and misconceptions.
- The understanding that every person with a mental illness can hope for a bright future.



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