Tactical Combatives Exam

1. Who taught Jiu-Jitsu to the Gracies?

2. Who was the founder of Judo?

3. What do the Japanese words Do and Jitsu mean?

4. Explain the evolution from Jitsu to Do.

5. What are the benefits of competition?

6. What are the drawbacks of competition?

7. What is our plan to gain the benefits of competition and avoid the drawbacks?

8. What sort of grip do you use at the end of the straight arm bar from the mount, and why?

9. Before you can execute the shrimp escape, why would your opponent loosen his legs?

10. How are ties decided in standard competition?

11. What is the crucial part of defending the triangle choke?

12. What are the three basic ranges of stand up fighting?

13. What is the defining characteristic of a warrior?