

Requesting Waivers for Questionable
Medical Conditions Deploying to
CENTCOM AOR
Effective: 25 April 2010

This information is not directive should not to be construed as the only way to accomplish waiver requests. Consult the Personnel Policy Guidance for the most up to date information.

Requesting Waivers From Home Station

- Units, directorates, and civilian companies are authorized and encouraged to submit waiver requests from home station before the deployee arrives to CRC to process for deployment
- A health care provider who is familiar with the deployee's medical conditions and limitations must complete the case summary portion of the request

Requesting Waivers From Home Station

- CENTCOM Surgeon office considers waiver requests for:
 - All Behavior Health diagnoses (anxiety, depression, Post Traumatic Stress Disorder, etc) for all personnel (military , Civilians, and Contractors)
 - All diagnoses for military, Civilians, and Contractors not assigned to a Component (DoD agencies and activities, AAFES, Red Cross, etc)
- ARCENT Surgeon Office considers waiver requests for:
 - All diagnoses (except for Behavior Health diagnoses)
 - Only for Soldiers, Civilians, and Contractors working for the Army

Requesting Waivers From Home Station

- Units, directorates, and civilian companies are encouraged to submit waiver requests as soon as the need for a waiver is known
- After approval, if deployee's medical condition changes, units, directorates, and civilian companies must submit a new waiver request reflecting those changes
- Waiver requests must be complete and include appropriate medical documentation
- Incomplete waiver requests will be returned without action

Requesting Waivers From Home Station

- Deployee must present the waiver request and response during Medical SRP
- If an approved waiver request did not contain all information (as evidenced by Medical SRP identifying additional information that should have been on the waiver request), a new request with additional information may be needed, but may not be answered in time for the deployee to deploy as scheduled

Documentation For CENTCOM Waivers

- Assemble request and documentation electronically and scan for transmission in encrypted, electronic format
- Not all requests will require all of the following information, but include as much information as needed to reduce follow-up questions and allow for faster decision making
- Include only medical information pertinent to the waiver request and on a need to know basis that is HIPAA compliant

Documentation for CENTCOM Waivers

- CENTCOM or ARCENT Medical Waiver Request Form as appropriate
- Medical Summary and documentation
- Enclosures (include only if have bearing on deployability- positive or negative)
- Commander's or Director's or Company representative's Documentation

Documentation for CENTCOM Waivers

- Medical summary and documentation of medical conditions that require a waiver and other chronic conditions:
 - Diagnosis
 - Date of onset
 - Current and previously used treatments including prescription and OTC medications
 - Limitations imposed by condition and/or medication
 - Response to treatments
 - Prognosis

Documentation for CENTCOM Waivers

- For conditions that require periodic reevaluation and/or laboratory/radiological monitoring, describe that reevaluation and/or laboratory/radiological monitoring and the frequency required

Documentation for CENTCOM Waivers

- Enclosures:
 - Specialty consultations needed to establish a diagnosis, treatment, monitoring plan, and prognosis
 - Reports of pertinent and recent operations
 - Lab test reports
 - Pathology and tissue examination reports

Documentation for CENTCOM Waivers

- Enclosures:
 - Reports of studies: x-rays, pictures, films, or procedures (ECG, AGXT, Holter, ECHO, cardiac scans, catheterization, endoscopic procedures, diagnostic sleep study, etc)
 - Summaries and past medical documents (e.g. hospital summary, profiles)
 - Reports of proceedings (e.g. tumor board, MEB/PEB, MMRB)

Documentation for CENTCOM Waivers

- Commander's documentation:
 - Statement of request to deploy a Soldier with non-deployable status:
 - Soldier's criticality to the mission
 - Changes in the Soldier's duty assignment, if any
 - Other comments supportive of deployment

Information Required for Requesting Waivers From Home Station

- Examples of documentation required (not all inclusive list) are:
 - For diabetes mellitus, include the latest hemoglobin A1C not over 90 days old
 - For sleep apnea, include the latest diagnostic sleep study (without treatment/CPAP) report that describes the Apnea-Hypopnea Index (AHI) to demonstrate (mild, moderate, or severe disease)

Information Required for Requesting Waivers From Home Station

- Examples of documentation required (not all inclusive list) are:
 - For behavior health diagnoses without demonstrated stability for at least 90 days, include the diagnosis, date treatment started, any changes to treatment (medication, dose, or frequency of dosing), and response to treatment
 - For women who decline pap smears and/or mammograms, include a statement that they have been counseled on the risks of not having the pap smear and/or mammogram done

Approving Authority

- CENTCOM Surgeon Office:
 - ccsg-waiver@centcom.mil
- ARCENT Surgeon Office:
 - arcent-waiver@arcent.army.mil