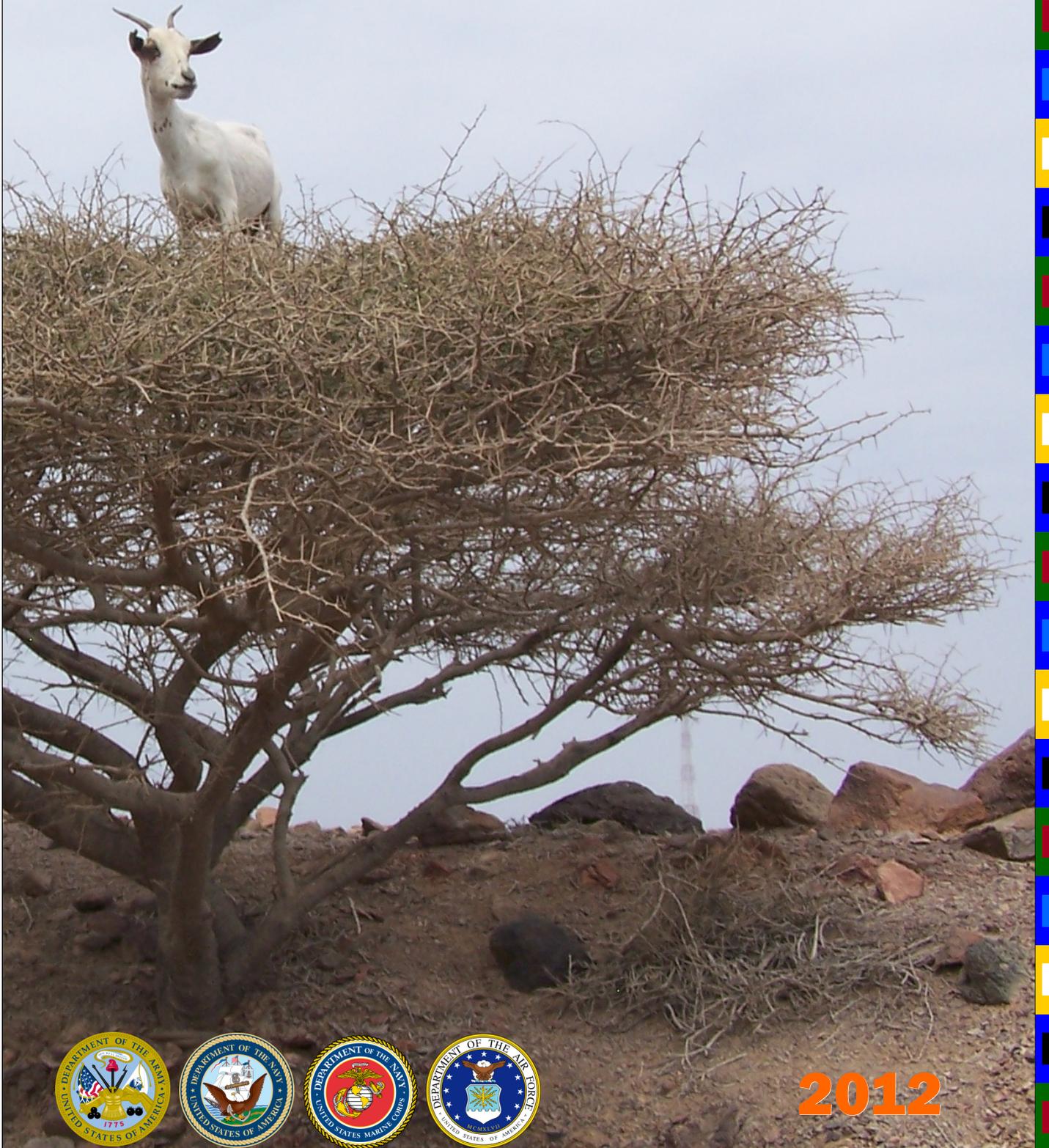




Camp Lemonnier Survival Guide

Guide de survie du Camp



2012



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Guide de survie du Camp Lemonnier

2012 Edition

DISCLAIMER

This package has been designed to provide useful information on what to expect during your deployment to CJTF-HOA. While every effort has been made to keep this document current things do change. Upon arrival consult the NIPR portal for the most current policies and instructions.

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Welcome to Djibouti / Bienvenue à Djibouti

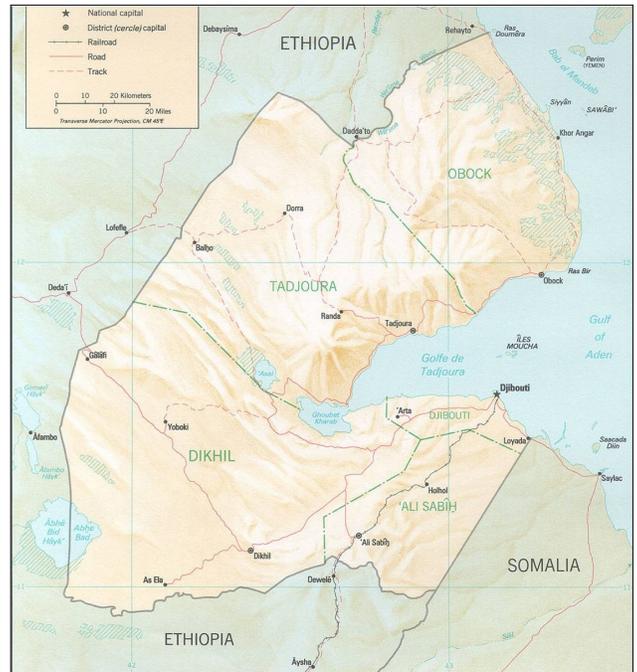
Djibouti is a small, largely desert country bordering Eritrea, Ethiopia and Somalia. More than two-thirds of the populace resides in the capital, Djibouti City.

The territory now comprising Djibouti was grazing land for the Afar and Issa tribes. The Muslim Afar fought numerous wars with the Christian Ethiopians between the 13th and 17th Centuries.

In 1862, an Afar treaty with France ensured a European economic and territorial foothold.

In 1946, France declared the area an overseas territory and in 1967 it became the French Territory of the Afars and the Issas. The Issa people repeatedly rejected French rule, while the Afar took a more pro-France stance.

Massive demonstrations and the rise of the colony's first inter-ethnic party, the African People's League for Independence, led France to grant Djibouti independence in 1977.



CJTF-HOA Mission

Combined Joint Task Force - Horn of Africa (CJTF - HOA) conducts operations in the Combined Joint Operating Area (CJOA) to enhance partner nation capacity, promote regional stability, dissuade conflict, and protect U.S. and Coalition interests.

Commander's Intent

CJTF-HOA builds upon partner nation and regional security capacity, and enables regional stability.

Through the indirect approach, and with a focus on Countering Violent Extremism, these operations build and call upon enduring partnerships and security capacities to prevent conflict. Our operations are founded in common security and long term stability interests.



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Arriving in Djibouti Arrivée à Djibouti

General order #1

No person shall consume more than two alcoholic beverages within 24 hour period, An "alcoholic beverage" is a nominal size beverage commonly consumed in a commercial establishment. Impairment, as defined in UCMJ, due to alcohol is prohibited throughout the Combined Joint Operating Area (CJOA).

Violation of the alcohol policy WILL result in Article 15 NJP or worse regardless of rank. **Do not** mess around with this one...

Careers have been ended!

Records

Mobility and deployed medical records must be hand carried. Do not pack them in luggage.

Network Access

Upon arrival, you must complete an enrollment form (DD Form 2875) to obtain **NIPRNET/SIPRNET** access.

Be sure to have at least two copies of your current DoD Information Assurance Training certificate (completed within 30 days)***

Passport (Civilian and Official)

Travel is easier on official passport make every attempt to get both before getting here. You may enter Djibouti, however, on military ID and orders.

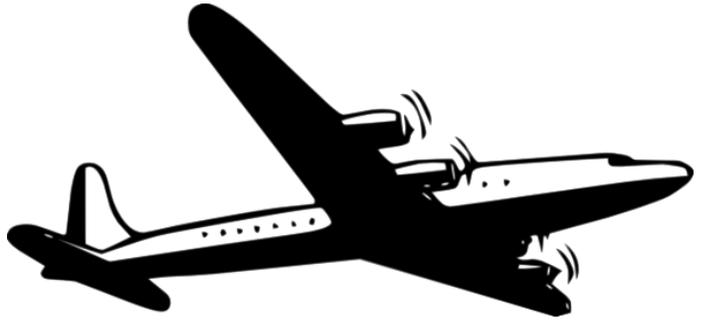
MILAIR/Contract Carrier

Flying via the rotator is the easiest way to go. Upon arrival, just follow the instructions given to you by the greeting party.

Your first official task is to go through Customs and then to Personnel Readiness in Support of Contingency Operations (PERSCO) in the CJ-1 office where you will receive several briefings and fill out numerous in-processing documents.

A member of the CJ-9 team will be there to meet you and take you to your CLU or tent.

The entire process from getting off the plane to getting over to your room may take anywhere from 1 to 3 hours. Rotators are currently



scheduled to land at 0200 – however, this time can vary greatly.

Commercial Air

If you are flying commercial, the process is a little more complex. Ensure you provide flight information to your sponsor so we can arrange transportation to pick you up from the airport. At the airport, you will process through customs and

immigrations, which can take a while depending on the number of people in line.

If you are taking the shuttle to the base, upon exiting the baggage area, look for the person with the ATOC shirt. Upon arrival on camp, you will in-process through PERSCO (CJ-1).

After completion of in-processing, you will be taken to your room.

Indoctrination

The Indoctrination briefing is mandatory for all incoming personnel.

Upon in-processing, CJ-1 will let you know where and when the briefing will occur (normally 0800 on Mondays at 11DN or the Oasis). You will not be allowed to

leave camp and your pay entitlements will not begin until you attend this briefing!

In addition, you will be required to in process through your component (i.e. Army, Navy, Air Force, Marine element).



Alcohol

Alcohol (Beer/Wine) is sold at the 11 Degrees North and the Old Cantina.

Selection is somewhat limited, so don't count on your favorite beverage being stocked.

Sorry, no beers on tap, it is served by the bottle or can. You can drink alcoholic beverages ONLY at 11 Degrees North, the Old Cantina or The White House – alcohol is not authorized in your room.



You will be allowed to consume alcohol ONLY after you attend Indoctrination training. No person shall operate a motorized vehicle within eight (8) hours of consuming an alcoholic beverage. No person shall consume alcoholic beverage within eight (8) hours of commencing official duties.

For more information and complete policies on General Order regarding alcohol consumption will be discuss during your indoc training.



Living Arrangements



A typical CLU in CLUville. Rooms are small, approx. 20X7.

Containerized Living Units (CLUs)

“CLUville” is the primary living area aboard Camp Lemonnier. CLUville consists of long rows of containerized housing units with concrete sidewalks and gravel roads. Basically, they are shipping containers turned into living quarters.

CLU living quarters floor area are measured approximately 20x7 feet and are equipped with an air conditioning unit.

Billeting category goes by rank starting from O-4 and above who are assigned to a single unit, called “wet CLU,” with its own bathroom/shower. E-9 to O-3 are also in single unit, but will share bathroom/shower between other units. E-5 and E-6 are in two-person units; and E-4 and below are in a three-person units called “dry CLUs” and will share a community bathroom/shower. CLUs are furnished with stand-up locker, bed, desk, and chair.

Due to current manning levels on the camp, O-5 and below can expect to be temporarily housed in a two-man dry CLU or tents until appropriate billeting opens up. The typical wait is three months; however, it can be longer.

Restrooms

Restrooms are located throughout the Camp. Some of the facilities are back-to-back male and female, so be sure to check carefully and enter the correct side. In CLUville, restroom and showers facilities are located between most of the CLUs.

Bring a toiletry bag to carry toiletries from your room to the showers. A mesh backpack is also great because it allows your shower items to air out and not get moldy.

Towels are not provided here, so you'll need at least two.

Flip flops are a MUST for showers, but they may only be worn to and from the showers or inside the pool area. Appropriate attire is required when traveling to and from the showers (no bare tops or towels during transit).

Theft in the heads can be a problem so be sure to gather all of your belongings before leaving.

Linens & Pillows

You'll be provided a pillow, pillowcase, sheets, and a blanket in your CLUs. Better pillows can be purchased from the NEX. See the laundry section of this document for linen exchange information. If you have issues about “hotel quality” sheets, bring your own (2 sets) and have the laundry service wash them.

Cable Access

All CLUs have been wired for cable. TVs are available at the NEX, and there is usually someone leaving who has one for sale. Channels include: American Forces Network (AFN), British programming and the Showtime Arabia TV package.

The Showtime Arabia package has three movie channels, several music video channels, Discovery, CNN, and the Cartoon Network to name a few. TV schedules are available at:

AFN: myafn.dodmedia.osd.mil/

Showtime Arabia: www.showtimearabia.com/



Double occupancy CLU.



This is a single occupancy CLU.



Internet Access/ Dining Facilities

Trash Cans/ Cleaning Supplies

There are limited cleaning supplies available for your room so most will have to be purchased. The NEX has plenty, and the billeting office may have more items to borrow/check out. Additionally, your room may have a small trash can. Don't leave food and opened beverages sitting out in your CLUs to prevent insect infestation. Insect infestation prevention IS A MUST!

Lock Out

You can call the 24-hour trouble desk (824-2653) if you get locked out or lose your key. **NOTE:** It may take a while before you get back in, so safeguard your room key.

Items for Sale

If you're in need of something and don't want to order it or pay full price, the camp "swap shop" (located on the NIPR portal) may have what you need. It's handy for buying/selling items or just finding someone with similar interests. This is where most folks buy their TVs, DVDs, etc. and then sell them to the next group of personnel rotating in.

Alarm Clock



Alarm clocks are not provided in the CLUs so bring your own. A battery operated travel clock is preferred since the difference in power tends to cause some clocks to speed up or slow down. Additionally, unplugged unnecessary item from an outlet when your CLU is unoccupied.

Internet Access

Stop by the MWR Wireless Shop to use the wireless network around base. You will need a password, which they will provide.

Wireless hot spots exist at these locations throughout Camp: MWR Hut, 11 Degrees North, Green Bean Café, Old Cantina, The Bob Hope Dining Facility (DFAC), and The White House.

All CLUs are wired for Inter-

net access, which can be purchased through MWR.

Connection rates and costs:

- Plan #1 - Weekly at 256kbps (\$15)
- Plan #2 - Monthly at 256kbps (\$45)
- Plan #3 - Two months at 256kbps (\$80)
- Plan #4 - Three months at 256kbps (\$120)
- Plan #5 - Weekly at 512kbps (\$30)
- Plan #6 - Monthly at 512kbps (\$90)
- Plan #7 - Two months at 512kbps (\$170)
- Plan #8 - Three months at 512kbps (\$250)

Although this is a commercial service, your use is subject to the laws and regulations governing the conduct of personnel working at a U.S. military installation.

Food and Drink

One thing is for certain, you won't go hungry. There are numerous options for eating... just be sure to watch your waistline – people have been known to gain quite a bit of weight! You can eat at the Bob Hope Galley, Combat Café or get take-out (note: there are no other places to eat on camp).

Dining Facilities Hours of Operation

	<u>Galley</u>	<u>Combat Café</u>
Mon-Fri:		
Breakfast:	0530-0830	0600 – 0830
Lunch:	1100-1300	1130 - 1330
Dinner:	1630-2000	1800 - 1930
Sandwich Bar	Closed from 0200-0400	
Sat & Sun:	<u>Galley</u>	<u>Combat Café</u>
Breakfast	0530-0830	
Brunch	1000-1300	1200 – 1330
Dinner	1630-2000	1800 – 1930
Mid Rats	2330-0030	
Sandwich Bar	Closed from 0200-0400	

Coffee Shop

The Green Bean Café is located next to the NEX and offers 24/7 wireless Internet capabilities. The Café serves from 0600-2200. While it may not be Starbucks, they do offer a variety of specialty drinks.





USPS Mail and FEDEX/DHL Services



ley and adjacent to the TMP vehicle lot.

NOTE:

For OPSEC reasons, remove and shred any address labels on packages/letters before throwing it out.

Sending Mail

There is numerous mail boxes located throughout the Camp. Mail up to 13 ounces

is free and the Post Office has Priority Mail boxes, tape, markers and scissors available. The right size box may not be available so plan appropriately. Packages must be inspected before you seal them so be sure to leave it open. There are some restrictions on what you can mail home (namely war trophies, alcohol and pornography). The post office accepts debit, credit cards or cash, but no checks.

Mailing Address

Your address while at Camp Lemonnier will be:
Rank First Last
PSC 831, Box XXXX
FPO, AE 09363-0000

Do not put Camp Lemonnier or any other location in the address as this will send the mail out to a post office in town and you may need to pay extra fees to pick it up (provided that it doesn't get lost or stolen).

Tips for people mailing you stuff

Letters and postcards may be mailed at the standard U.S. postage rates. Priority mail is the best and quickest method for shipping packages from camp. The post office has several flat rate priority mail boxes available. Sturdy packing is a must – most flimsy packing will disintegrate during the trip. If you're receiving high-dollar items, insurance is strongly encouraged. Most packages and letters take approximately two weeks, although sometimes it can take much longer.

Packages can and will be inspected for contraband, so be sure to let your friends and family know what they can and can't send you. Prohibited items include pornography and alcohol. Also, be sure to let them know that items that melt (e.g., chocolate) might not survive the trip.

You will probably get inundated by family and friends for a list of things to send you. The truth of the matter is, you can get most of what you need here for free or you can buy it from the NEX. Worst case, you can order items off the Internet.

Getting Mail

Postal workers typically pick up and deliver mail on Thursday and Saturday. If a package requires your signature, the post office will notify you by e-mail. Signature packages can be picked up Monday through Saturday from 0800-1700. The post office is located in Bldg. 306, across from the Bob Hope Gal-

FEDEX/DHL SERVICES

Personnel stationed onboard Camp Lemonnier can ship and receive items using FEDEX/DHL services. Currently, the FEDEX/DHL office is co-located in an unmarked CWU behind the swimming pool (near the Quarterdeck). In the near future, these carriers will move from their current location to the same area as the NEX new car sales and Harley Davidson sales CWU. Shortly after that, they will be joined by National Air Cargo and United Parcel Service (UPS).

Sending/Receiving

Customers should follow the below example to ensure boxes/packages are marked correctly prior to sending or receiving. Carriers will contact the customer at the phone number provided and attempt to deliver your package to the address on the package. Therefore, a valid recall number must be included in the address field (DSN phone numbers are acceptable). If the customer specifies an inaccessible area in the mailing address, the carrier will contact the customer and the package(s) will be available for pick-up at the carrier's CWU.

Example FEDEX/DHL Address:

PO1 SNUFFY SMITH
824-1234
Bldg 111W, (YOUR DIRECTORATE)
Camp Lemonnier (PAE, CRP)
Djibouti City, Djibouti



Laundry/ Phones

Getting Around

On foot

You can walk to almost any location on Camp within 15-20 minutes.

Vehicles

Despite appearances to the contrary, vehicles are hard to come by on camp. Please keep the vehicles clean and don't abuse them.

Loaner Vehicles

The motor pool has a loaner program where you can check out a vehicle for short periods of time (typically 24 hours but no longer than 72 hours). The loaner program can be used to get vehicles to go off-camp. To use the loaner program, fill out a loaner vehicle request, have the director approve it and forward to N-6 (motor pool) for processing.

Bus

The bus system will get you to and from pretty much anywhere on camp. Buses run 24/7.



POGS:

The NEX gives you Pogs instead of coins for change (some of which are collectible). Pogs may be used at the NEX, the coffee shop. They cannot be used at the Post Office.



there are free self-serve washers and dryers throughout CLUville. Bring at least two laundry bags.

Laundry Drop Off

There are two laundry drop-off locations. The main laundry is open from 0700-1930.

The CLUville laundry drop-off has more limited hours in the mornings and evenings. If you choose, you can inventory your items in front of the attendant. You will receive a white receipt (that goes in your laundry bag) and a yellow receipt for pick up.

The turn time is normally two days (plan on three days). Be sure to remove all items from your pockets. The best time to drop off

The Camp offers a free laundry services, but if you prefer to do your own laundry,

is early in the morning as there is typically no wait. Evenings tend to be more crowded.

Laundry Pick Up

For pick up, take your yellow receipt to the laundry facility. If you lose it you'll have to look through piles and piles of stuff!

Pressing Services

\$3 per uniform.

Linen Exchange

Free linen exchange is located inside the Laundry Service building. They will exchange one-for-one on sheets, pillows, blankets, and pillow cases. If you have issues about "hotel quality" sheets, bring your own (2 sets) and have the laundry service wash them.

Alterations/Embroidery

There is an alterations shop that will sew patches and rank on uniforms for a nominal fee. The shop also does custom embroidery – many people get a customized boonie hat or backpacks.

Phones

Office Phones (Commercial)

Commercial lines in offices are for official business only. All phone calls are tracked, so please don't misuse them.

Office Phones (DSN)

It is now possible to direct dial 1-800 numbers using the office DSN line. Simply dial 800 and then the number (drop the leading one). This feature allows you to use ordinary phone cards without international fees.

Cellular Phones

Local cell phones can be purchased for about \$30. The SIM card must be purchased separately and also costs around \$30. The SIM card comes with prepaid minutes in the amount of 500 Djiboutian Francs (approximately \$2.81). Minutes must be added every two months (regardless of phone usage) or the company will shut the phone off. Call charges run approximately 10¢ per minute for local calls and \$2.00 per

phone off. Call charges run approximately 10¢ per minute for local calls and \$2.00 per minute for calls to the U.S.

Text messages are 5¢ for local and 30¢ for messages to the U.S.



MWR Phones

Several phones are located in the MWR Hut for morale calls. Make sure to find out the number for the DSN operator at your local base/station. To make morale calls, call your local base/station operator and ask for a patch to a commercial line (local area only). If there isn't a camp/base nearby, you can use a calling card.



Clothes/Finance

Clothes

Off Duty/PT Uniform

While off duty, members can wear their service-specific official PT uniform, civilian clothes or uniform. Personal gym shorts and uniform T-shirts or muscle shirts are only allowed in the gym and on the running trail. Civilian clothing can be worn on and off Camp (see off camp clothing section for specifics on liberty

attire). Shorts must have at least three pockets and button, no gym shorts.

Four to six pairs of PT gear are recommended. The official clothing policy is contained in CAMP LEMONNIER Instruction 5800.1G: MILITARY AND CIVILIAN CLOTHING POLICY. In general, think conservative.

ID and The Man Purse

ID cards **MUST** be visible at all times on Camp when in civilian clothes. Many personnel carry their IDs in an ID card holder or "Man Purse". This versatile piece of gear is ideal for holding your beer card, room key, credit cards and cash as well. In fact, most people totally abandon their wallets and purses in favor of it.

Uniforms

Uniform of the day is DCU/ACU/ABU. Flight suits can be worn Friday or Saturday by those who are authorized to wear them. It is also advisable for officers and senior enlisted to bring your Class B or khaki/white service uniforms. Check with your sponsor for more information.

Finance

ATM

There is an ATM on camp (serviced by Navy Federal Credit Union) located at the post office. However, **it is a good idea to bring plenty of checks!** There is a cash limit at the ATM and when traveling in Africa, you'll need more cash than the ATM can provide.

Check Cashing

Check cashing is available at the Disbursing Office located in Building 111 next to the Quarterdeck. E-7 and above can cash a maximum of \$500 a week. E-6 & below are limited to \$250 a week.

Credit Cards

Credit cards can be used at NEX locations. When using a credit card you are not allowed cash back (with debit cards, you can receive \$25 cash back). Credit cards can be used at some locations downtown, however most vendors will only take cash. Most places take Visa, but not MasterCard.

Eagle Cash

A type of payment card referred to as store value cards and can interface with automated kiosk devices located at convenient locations on camp, which allow enrolled card holders self service access to funds in their U.S.-based checking or savings accounts. Funds on the card can be used to purchase goods and services at the camp exchange, Postal facility, MWR and most concessionaries on camp.

Pay Entitlements

As mentioned earlier, your military pay entitlements will start after you attend the camp indoc briefing. The process doesn't occur immediately, but if you don't see the benefits after two pay periods, contact disbursing. You are entitled to the following:

• No Income Tax

If you are in theater for at least one day during a calendar month, you are entitled to tax-free pay for that month (up to a limit) and will see this reflected in your LES.

• Combat Zone Pay (\$225/month)

As of October 1, 2010, this is prorated to reflect the number of days that you are actually in the combat zone.

• Family Separation (\$250/month)

Family Separation (\$250/month): This will be reflected in your LES if you worked it out through your finance office prior to your arrival, otherwise, you will receive a lump sum when you file your travel voucher at the end of your tour.

• Hazardous Duty Pay (\$100/month)

This will be reflected in your LES.

• Per Diem

While here, you'll only receive the incidentals rate (\$3.50/day) because food and lodging are provided. You will file for this benefit upon your return home, unless you do an accrual TDY voucher.

• Tax-Free Leave

Leave you accumulate over while in theater is tax-free. What does that mean? Once you get home and take leave, the pay earned on those days is tax free. In order to maximize this benefit, it is suggested that you wait until the next month after you redeploy (since that month is tax-free already).

• Tax-Free TSP

Contributions are tax-free for the time you are deployed.

Savings Deposit Program (SDP)

You will be eligible for the SDP after 30 days boots on ground. For more information on SDP go to:

<http://www.dfas.mil/army2/investmentoptions/savingsdepositprogramsdp.html>





Off - Duty/Religious Services

Education Needs

Counselors from the Central Texas College and the University of Maryland college provide educational services and classes. CLEP and DANTES study materials are also offered. Language classes, such as French and Arabic are held periodically.

Volunteer Opportunities

There are several volunteer opportunities while deployed to Camp Lemonnier. Examples include the English Discussion Group, the baby orphanage and the cheetah wildlife refuge.

Power

Power for most of the camp is 220V with European style outlets (pictured here). Verify your electronics can take 220V (plugging an 110V appliance into a 220V outlet will fry it in a fraction of a second). Many devices and most laptops are rated for 100-240V which means you can plug it directly into a wall outlet (with the appropriate adapter). For those electronics that only take 110V, you can purchase a 220V-110V transformer. If you bring your own transformer, the fire department MUST approve it.



MWR Hut

The MWR Hut offers a small library, board games, DVDs for loan and big screen TVs. MWR also offers various day trips to places like the cheetah refuge, Moucha Island, Lac Assal, French Market, scuba classes, go-karts, swimming with whale sharks, bowling and much more.

Theater

The Camp features an air-conditioned movie theater at the Oasis. New movies arrive on an irregular basis and are typically one to four months behind what is playing in the States. All movies are free. The theater shows movies nightly from Monday through Saturday and all day on Sundays. The monthly movie schedule is printed on the MWR calendar and is posted at the Oasis and the MWR Web site.



Off - Duty



Night Life

Eleven Degrees North Club (open from 1900-2300, 2400 on Friday) is the main gathering point for all camp personnel after a hard day of work.

The building has a large seating area, main stage, stereo system, smoking area and bar. It offers a wide variety of entertainment

from theme-music nights to AFE/USO shows and karaoke. Billiards, ping-pong tables, and shuffle board are also offered.

Camp Activities

MWR offers many fitness programs and intramural sports such as basketball, and volleyball. MWR runs a variety of activities on camp including bingo, poker tournaments, ping-pong Tournaments, and card games. They also offer a number of subsidized trips to places like Egypt, France, Thailand, Singapore and Tanzania, which service members can take during their 96-hour liberty period. These trips typically run between \$1,800 and \$2,500.

Game Room

The Oasis also houses a game room which offers PlayStation and Xbox video games for your enjoyment.

Religious Services



Camp Lemonnier offers many religious services and community outreach events throughout the week. For a complete and up to date schedule of services and times, contact the chapel.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
0900 Catholic Mass	1130 Catholic Mass	1130 Catholic Mass	0800	1130 Catholic Mass	1130 Catholic Mass	1600 Catholic Mass
1100 Contemporary Worship Service		1900 Gospel Choir Rehearsal	1130 Catholic Mass	1745 English Mass @ Cathedral	1200 Juma Prayer	1730 Catholic Mass
1600 LDS (Lay)	1900 LDS Bible Study	2000 Protestant Bible Study		1800 Protestant Bible Study	1800 Jewish Shabbat Service	2030 Open Door Baptist
1730 Protestant Communion Service				1900 Gospel Choir Rehearsal	2000 Praise & Worship	



MWR Fitness/NEX

Fitness Center

The fitness center is located across from the NEX. It offers the latest in exercise equipment and programs. The cardiovascular and weight area has circuit, free weight, and aerobic equipment in an air-conditioned atmosphere. Cardio equipment includes: treadmills, stair steppers, rowing machines and stationary bikes. The fitness center is open 24 hours for your convenience.

Other. Fitness Areas

Directly behind the fitness center is a covered sand volleyball pit and basketball court known as the "Thunder Dome." Also softball, football, ultimate frisbee and soccer are available on the turf field (located next to CLUville).

Many people choose to run the road around the Camp compound, the turf field or on the running trail. When running or jogging anywhere on camp (except for the running trail), reflective belts are required and headphones are not allowed.



Fitness Classes

Many fitness classes and intramural sports are offered. Currently we have step aerobics, core strength class, an abs class and zumba. The fitness center also offers self defense/MMA training and some basic martial arts classes. These tend to change as people rotate out.

Swimming Pool

The camp also has a three-lane covered swimming pool. It has lanes set aside for laps and is open most of the day into the early evening.



Shopping



Camp Exchange

The NEX is open seven days a week from 0700-2000. It offers full assortment of health and beauty items, electronics, snack and drinks, sport nutrition, as well as cloths and shoes. If an item is not on the shelf it may be ordered at NEX customer service. Western Union money service is now available at NEX.

Tactical/ Uniform shop and Tayloring

The tactical shop carries a variety of items including Camelbacks, flashlight, tools and fasteners. The uniform shop is limited to PT uniforms, covers, and an assortment of devices for all branches of the service. Pressing, sewing and embroidery are available in the tailor shop.

CLUMart

CLUMart serves as the NEX Shopette located in CLUville. It is open 24 hours for convenience shopping. Large items such as sets of drawers and rugs are carried here as well as snacks and drinks.

Barber Shop

There are two barber Shops on Camp; the main barber shop, located next to NEX main store, is open 0800 - 1900 seven days a week. The second is CLUville barber shop, located on top of CLUMart and is open 1300—2300 seven days a week.



Salon and Spa

Located in CLUville next to CLUMart, the salon and spa are open 0800-2100 daily. Services include hair style, color, hair extensions and braiding; also available are manicure and pedicure, massage and facial services. There are two massage therapists qualified in traditional massage, sports massage, and reflexology.



Traveling Off-Camp

Off-Camp Clothing

The official clothing policy is contained in CAMP LEMONNIER Instruction 5800.1H: MILITARY AND CIVILIAN CLOTHING POLICY.

In general, think conservative. This means long trousers and collared shirts for men.

Women can wear slacks/skirts or dresses if the dresses reach below the knee.

Shorts are authorized, provided that they are knee-length, have three pockets and a zipper or button fly (i.e. no PT style shorts).

All clothing should be plain or simple in color and design.

Sandals that have leather or leather-like tops, wooden soles or have rear straps are authorized — no flip-flops.

The official clothing policy applies to all military personnel and civilian stationed on-board or visiting Camp Lemonnier. All Servicemembers, regardless of the branch of service, as well as civilians are charged with enforcing the contents of the policy.

Personnel assigned to Camp Lemonnier Djibouti must uphold high standards of behavior; maintain a positive image; and, uphold their Service's Core Values, both on and off duty.



DRIVING OFF-CAMP Great caution should be exercised when driving off camp since many of the locals tend to ignore traffic laws. Don't drive off camp until you have ridden a few times and have become relatively familiar with the traffic patterns and all the strange things you will see.



Traveling off-camp

Off-camp travel is governed by Camp LEMONNIER Instruction 1055.1C: LIBERTY AND OFFICIAL BUSINESS IN DJIBOUTI and the latest Liberty Random Anti-Terrorism Measure (L-RAM).

The L-RAMS (posted at the

Quarterdeck and on the portal) should be checked often since they frequently change.

Unofficial travel for servicemembers must be approved by the Director and may be restricted to certain

days and/or times. A minimum of two people are required for off-base liberty.

Overnight liberty is permitted on Saturday, but official vehicles are not allowed to remain off camp.





What to Bring

Below is a compilation of items to bring with you. Items are broken down into three major categories – **required/essential, highly-recommended and nice-to-**

have. Many items are provided by your unit, so it may be wise to wait until after your initial gear issue before purchasing supplementary uni-

form items. Most toiletry items can be purchased from the NEX. They are well stocked most of the time, but some items are hard to get and there is

always a run on items right after a large group comes in. Don't bring any items that are not replaceable.

Required / Essential Items

Uniform Items

- 4 pairs of DCU/ACU/ABU (bring 2 desert flight suits if you have them)
- 2 pair of desert combat boots
- 2 uniform hats
- 2 pair of boot blousers
- Uniform belt
- Minimum 6-8 uniform T-shirts
- Minimum 6-8 pairs of underwear
- Minimum 6-8 pairs boot socks
- Reflective belt
- Sunglasses
- Badge holder (arm / man purse type)
- Issued work gloves
- Laundry bag

Other Clothes

- Minimum 4 pairs of PT shorts
- Min. 4 workout T-shirt (recommend 7)
- Running shoes (bring two pair. May be hard to find your size at the NEX)
- Minimum 6-8 pair of white socks
- 2-3 collared shirts (bring more if you have travel requirements)
- 1-2 pairs of slacks/khakis (bring more if you have travel requirements)
- Service uniforms (Due to official functions, officers and senior enlisted should bring your class B, khakis /summer whites equivalent.)

Toiletries/Hygiene

- Minimum 2 towels
- Minimum 2 washcloths
- Toothbrush & toothbrush holder
- Toothpaste
- Deodorant
- Shampoo
- Soap & soap dish
- Razors/shaving cream or electric shaver
- Shaving kit bag or shower caddy
- Thick shower shoes
- Hair dryer
- Feminine hygiene items
- Make-up

Other Items

- Personal checks
- Government/Personal credit card
- Driver's license
- All required prescription or over the counter medication
- 2 pairs of prescription glasses
- Army personnel should bring spare blue-green Velcro (both types) for your uniforms. (Tailor shop doesn't stock Army color)

Highly- Suggested

- Swimsuit
- Sandals (must have back strap - Teva/Crocs)

- Lotion/Powder
- Beach towel
- Chapstick/Carmex
- Cotton ball/Q-tips
- Backpack (Civilians, don't travel around Africa with military backpacks)
- Civilian suitcase for commercial travel (stuff an extra sea bag into it)
- Smaller suitcase for cabin (don't check mission critical luggage in Africa)
- Small mirror (with stand)
- LED flashlight
- Combo/key pad lock
- Hand sanitizer
- Battery powered clock
- One pair of nice shoes

Nice to Have

- Travel coffee mug
- Laptop computer
- External wireless antenna
- Camera
- Portable DVD player
- iPod/MP3 player
- DVDs (Also available to borrow from MWR)
- A/V Cables for Laptop/DVD Player
- Books