



MC6/T-11 ATPS

Donning

Step by step
instructions

- **TRANSITION:** Prior to your practical exercise you must first understand how to properly size the parachute harness.
- The parachute harness must be sized prior to donning to ensure proper fit. There are two sizing
- Locations: The Diagonal Backstraps and the Left and Right Main Lift Webs.
- The Diagonal Backstraps provide two of the nine points of adjustment on the parachute harness. There are five sizing channels numbered 1 through 5 to adjust for the placement of the Canopy Release Assemblies and position of the pack tray.

Unsnap the Directional Snap Fastener on the Diagonal Backstrap Retainer and pull it free from the sizing channel.

Select the appropriate size and route the Diagonal Backstrap Retainer through the appropriate sizing channel, route the Diagonal Backstrap Retainer through the appropriate Diagonal Backstrap Keeper, and secure the Directional Snap Fasteners.

- The Main Lift Webs provide two of the nine points of adjustment. There are three size settings: small, medium, and large.
- **NOTE:** To make Main Lift Web size changes, unsnap the Snap Fastener

and expose the Tuck Tab. Select the appropriate size setting. If selecting small or medium, insert the Tuck Tab into the appropriate Tuck Pocket and remove any slack from the Main Lift Web Adjustment Strap. If selecting the large setting, the Main Lift Web Adjustment Strap will be fully extended with the Tuck Tab folded in towards the Main Lift Web. Re-secure the Snap Fastener.



Conduct the same size change on the opposite Main Lift Web.

- **NOTE:** The Tuck Pocket for the small setting is located above the Chest Strap on each Main Lift Web. The Tuck Pocket for the medium setting is located below the Chest Strap on each Main Lift Web. For the large setting, there is no Tuck Pocket; the Main Lift Web Adjustment Strap will be fully extended with slack removed.

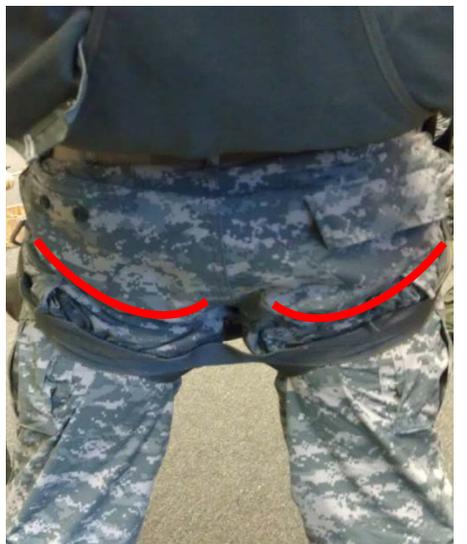
- **NOTE:** The optimum position for the harness is with the Canopy Release Assemblies resting in the hollow of the jumper's shoulders below the collarbone,



with the top edge of the pack tray in alignment with the jumper's shoulder's not below



and the Saddle routed around the meaty portion of the jumper's thighs not the butt.



- **TRANSITION:** In preparation for Donning, jumpers must arrange the ATPS MC-6/T-11 main, T-11R reserve and Aviator's Kit Bag / Universal Parachutist Kit Bag.
- **NOTE:** The T11R reserve and Aviator's Kit Bag / Universal Parachutist Kit Bag must be placed in a position where they are easily accessible to the jumper during Donning of the Parachute Harness.
- Let out the excess webbing from all points of Adjustment (Leg Straps, Horizontal Back Straps, and Chest Strap).
- **NOTE:** Two personnel are required when donning the parachute. One assumes the role as the jumper, the other as the buddy to assist in rigging. This also reduces the possibility of rigging deficiencies and ensures proper fit of the parachute.
- **NOTE:** The Advanced Combat helmet must be inspected prior to airborne operations to ensure that all seven (7) suspension pads are present, that the crown pad has not been replaced by two oval pads, the front trapezoidal pad is even with the rim of the Advanced Combat Helmet, and the rear trapezoidal pad is protruding slightly beyond the rim of the Advanced Combat Helmet.



- Jumper Action -Don the Advanced Combat Helmet



Assume a modified “High Jumper” position

- Buddy Action -Place the parachute harness over the jumper’s arms with the Diagonal Backstraps resting on the jumper's shoulders and hold the Pack Tray high on the jumper’s back



- Jumper Action -Secure the Chest Strap by incorporating a two (2) to three (3) finger quick release. Secure the quick release in its Webbing Retainer and the free running end of the Chest Strap in its Webbing Retainer with the Tabbed Portion facing towards the Chest Strap Friction Adapter.



- Buddy Action -Lower the “L” Shaped Ejector Snap Pads by extending the Horizontal Backstrap from the upper portion of the Ejector Snap



- Jumper Action -Pull the Ejector Snaps and “L” Shaped Ejector Snap Pads as far forward as possible towards the center of the groin while ensuring that the Saddle is routed underneath the hamstrings (Not the Buttocks). Secure the Aviators Kit Bag
NOTE: Maintain a modified “High Jumper position”
Secure the Leg Straps ensuring that the left Leg Strap is properly routed through the exposed carrying handle, over the bottom and under the top, and “S” fold, accordion fold or roll the free running ends of the Leg Straps in the Webbing retainers



- Jumper Action - Secure the “D” rings by inserting the thumbs of each hand from bottom to top pulling downward placing the Canopy Release Assemblies at name tape level and standing erect



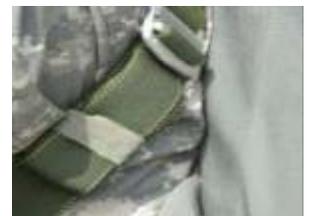
- Buddy Action - After the jumper is standing, remove all slack from the Horizontal Back Strap by simultaneously pulling up on both sides of the Horizontal Back Straps where they emerge from the Main Lift Web



- Jumper Action - Remain standing erect, release the “D” rings and apply pressure to the Horizontal Back Strap just above the Ejector Snaps when a tight but not uncomfortable adjustment has been made



- Buddy Action - Remove all slack on each side by securing a Diagonal Back strap with one hand while tightening down the free running end of the Horizontal Backstrap with the other. “S” fold, accordion fold, or roll the free running ends and secure in the Webbing Retainers



- Buddy Action – Hand the Reserve Parachute to the jumper and have him place it in the crook of his left arm. Remove all twists in the Waistband and hand it to the jumper



- Jumper Action - Route the Waistband through the Waistband Retainers, and secure the Connector Snaps to the “D” Rings



- Buddy Action - Assist the jumper in attaching the Reserve Parachute



Secure the Waistband to the Waistband Adjuster Panel incorporating a two (2) to three (3) finger quick release ensuring that it is not a false quick release.



- Jumper Action - Confirm that you can access the free running end of the Waistband and a two to three fingers quick release is present and it is not a false quick release.



- **OPTIMUM POSITION:**

Canopy Release Assemblies resting in the hollow of the jumper's shoulders below the collarbone,



with the top edge of the pack tray in alignment with the jumper's shoulder's not below



and the Saddle routed around the meaty portion of the jumper's thighs not the butt.

