A student is considered knocked down if: (a) any portion of the student's body other than the feet touches the floor after receiving a blow or series of blows; (b) the student hangs helplessly on the ropes as the result of a blow or a series of blows; (c) the student is outside or partly outside the ropes as the result of a blow or series of blows; (d) following a hard punch, a student has not fallen and is not lying on the ropes, but is in a semi-conscious state and cannot, in the opinion of the referee, continue the bout; or (e) the student cannot intelligently defend himself. If a student is knocked down three times in one bout, or four times during the day, the student will not be allowed to train anymore that day.