

Why do we need H2F?

- 70 percent of people between the age of 17-24 are unqualified for military service (about 31 percent due to obesity);
- 17 percent of Active Component Soldiers and 25 percent of Reserve / National Guard Soldiers are obese by Body Mass Index; they are statistically more likely to experience injury and be medically non-available;
 - Musculoskeletal injuries affect 55 percent of Soldiers annually;
 - Equates to 10 million limited duty days
 - Some \$577 million spent annually on patient care
 - 12 percent of Active Component Soldiers (~56,000) are non-deployable, equivalent to loss of 13 brigade combat teams (BCTs); of this number, 66 percent (~37,000 or nine BCTs) are non-deployable for medical reasons;
 - A 1 percent reduction of non-available rates will save more than \$40 million.

“The capacity and capability of the Soldier on today’s battlefield is threatened by poor health and lack of physical readiness.” -GEN Mark Milley, 39th Chief of Staff of the Army.