

# Suicide Prevention Month

**Thursday, 19 September 2013**

**McGinnis-Wickham Hall, Classroom E101**

CHAIN OF COMMAND

**0900-1000**

COACH

**OR**

**1030-1130**

In Our Own Voice (IOOV) is a unique presentation developed by National Alliance on Mental Illness (NAMI), in which trained speakers share personal stories about living with mental illness and overcoming stigma to seek help. Throughout the IOOV presentation, participants are encouraged to offer feedback and ask questions.

The more we become involved, the closer we come to understanding what it is like to live with a mental illness and learn resiliency.

**CALL TODAY TO  
RESERVE  
SEATING**

**706.545.5441**

**SUICIDE PREVENTION** 1-800-273-TALK  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**Sponsor:** Army Substance Abuse Program (ASAP)  
**Contact:** Denise Stephens, SPPM (706) 545-5441/1138,  
email address: [denise.l.stephens2.civ@mail.mil](mailto:denise.l.stephens2.civ@mail.mil)

