Fighting with Close Contact Weapons
“The defining characteristic of a Warrior is the willingness to close with the enemy”

Matt Larsen
(The creator of MACP)
Definition

Close contact weapons are those weapons that are most useful when at grappling range.
Examples

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Grappling range begins from whatever distance an enemy can get to you before you can recognize the threat, bring your weapon to bear, and eliminate the threat.
Learning Process

1. Tueller Drill
2. Grappling with Electricity
3. Retention Holsters and Sheathes
4. Standing Grappling with Pistol
5. Ground Grappling with Pistol
6. Types of Knives
7. Knife Targets
8. Defense against a Knife (standing)
The Tueller Drill is a self-defense training exercise used by police to prepare against a short-range knife attack when armed only with a holstered handgun.

It is used in MACP to illustrate at what distance grappling range begins.

A “shooter” is armed with only a training replica gun. An “attacker”, wearing a protective facemask and armed with a martial arts belt with which to strike the shooter, attacks the shooter from increasing distances until he is able to bring the weapon to bear to stop the attack.
There is no way to know whether or not the person you are fighting is armed or not. You must therefore fight everyone as if they are armed.

During the **Grappling with Electricity** drill, Students grapple over a 100,000 volt stun gun which is in one of their pockets.

The keys to success are fighting everyone as if they are armed and in controlling your opponent in almost the same way they did before the weapon was introduced.
Retention Holsters and Sheathes

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Retention Holsters and Sheathes
Standing Grappling with Weapon

Weapons transition happens when you are already in a fight.

Pummeling skills allow you to clear your weapon so that it can be deployed.
Ground Grappling with Pistol

The primary concern is keeping the enemy from getting control of your weapon.

His attempts to grab it, combined with proper retention devices, can give you opportunities to attack.
Types of Knives

- Daggers
- Utility Knives
- Folding Knives
Daggers typically are double bladed and are designed primarily for stabbing.

The purpose of the sharpened edges is more to make it difficult for an enemy to grasp than any thought of attacking by cutting.
Utility Knives are designed primarily to be useful tools for Soldiers daily life. They are typically single bladed and have a much wider blade to prevent breakage. They can be useful for stabbing, although somewhat less so than daggers, and allow some other types of attacks.
Folding Knives, from a fighter’s perspective, have the disadvantage of being more difficult to deploy.

Not only must a fighter get the knife in his hand but he must also deploy the blade, both while engaged in a fight.
Types of Attacks

Slashing

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Types of Attacks

Thrusting

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The rib cage forms a natural body armor from knife attacks. The most effective knife attacks are thrusts around the body armor such as the stomach or neck.
Questions?
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