## COMPOSITE RISK MANAGEMENT WORKSHEET

For use of this form, see FM100-14; the proponent is TRADOC

<table>
<thead>
<tr>
<th>1. MSN/TASK</th>
<th>2a. DTG BEGIN</th>
<th>2b. DTG END</th>
<th>3. DATE PREPARED (YYYMDD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skill Level II Instructor Course</td>
<td>23 March 2006</td>
<td>23 March 2007</td>
<td>20060321</td>
</tr>
</tbody>
</table>

### 4. PREPARED BY:
- **a. LAST NAME**: BROWN
- **b. RANK**: SFC
- **c. POSITION**: NCOIC, MODERN ARMY COMBATIVES

### 5. SUBTASK
- **Overall**

### 6. HAZARDS
- General Situational Awareness

### 7. INITIAL RISK LEVEL
- Moderate

### 8. CONTROLS
- **Overall**
  - Read and review the risk assessment.
  - Ensure cadre combat lifesavers are available and have inventoried the combat lifesaver bag.
  - Identify soldiers with medical problems having the potential to impact training to include minor illness, allergies, or previous heat injuries. Soldiers will fill out a medical history questionnaire at the beginning of the course which will be reviewed by cadre. Those with issues will be screened by the medic and if necessary a medical doctor.
  - Ensure that EVAC procedures have been reviewed. Plan to evacuate soldiers with allergic reactions, heat injuries, or anyone showing symptoms beyond the Primary Instructor’s experience and the combat lifesaver’s ability to treat. The Primary Instructor will direct an air medevac when the danger of loss of life, limb, or eyesight exists.

### 9. RESIDUAL RISK LEVEL
- Low

### 10. HOW TO IMPLEMENT
- 1. IAW USAIC Safety SOP 385-6, Risk Mgt for Operations and Training.

### 11. HOW TO SUPERVISE (WHO)
- Primary Instructor

### 12. WAS CONTROL EFFECTIVE?
- Cadre will review all medical history questionnaires.

### 13. OVERALL RISK LEVEL AFTER CONTROLS ARE IMPLEMENTED (Check One)
- LOW
- MODERATE
- HIGH
- EXTREMELY HIGH

MATTHEW C. LARSEN
Director  
Modern Army Combatives

PATRICK S. JONES
CPT, IN  
Commanding

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<th>5. SUBTASK</th>
<th>6. HAZARDS</th>
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<td>Overall (cont.)</td>
<td>General Situational Awareness (cont.)</td>
<td>Moderate</td>
<td>- Ensure Soldiers have been given time to have a minimum 6 hours of sleep during the previous 24 hours. Brief the importance of sleep to maintain conditioning during the course.</td>
<td>Low</td>
<td>1. IAW USAIC Safety SOP 385-6, Risk Mgt for Operations and Training.</td>
<td>Primary Instructor</td>
<td></td>
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<tr>
<td>Ground Fighting (routine techniques, improper techniques, clinch drill, etc.)</td>
<td>Cuts and Abrasions from Clothing or Equipment</td>
<td>Moderate</td>
<td>- Uniform consisting of BDUs and athletic/tennis/ running/wrestling shoes. No watches, rings, belts, ID tags pin-on rank.</td>
<td>Low</td>
<td>- Combatives SOP: FM 3-25.150 - USAIC 385-6 - FM 100-14 - Safety Brief - Cadre Rehearsal - Direct Supervision</td>
<td>Primary Instructor</td>
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<tr>
<td></td>
<td>Injury Due to Choke or Arm Bar</td>
<td>Moderate</td>
<td>- Soldiers will be instructed to ‘Tap Out’ when having an arm-bar applied prior to muscle failure to avoid joint dislocation. - Soldiers will release the choke, arm-bar, or any other hold when tapped by their training partner.</td>
<td>Low</td>
<td>- Combatives SOP: FM 3-25.150 - USAIC 385-6 - FM 100-14 - Safety Brief - Cadre Rehearsal - Direct Supervision</td>
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<td>Passing Out from a Choke</td>
<td>Moderate</td>
<td>- If a soldier does pass out from being choked, put soldier in supine position, keep other soldiers from leaning over the soldier.</td>
<td>Low</td>
<td>- Combatives SOP: FM 3-25.150 - USAIC 385-6 - FM 100-14 - Safety Brief - Cadre Rehearsal - Direct Supervision</td>
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<td>Neck, shoulder, ribs, arm injury due to shrimping to escape the mount</td>
<td>Moderate</td>
<td>- Advise of neck, shoulder, or rib injury while being stacked or doing moves from Drill #1. - Advise of shoulder or rotator cuff injury during arm push and roll technique. - Advise of impact injury due to falling improperly and lack of speed control.</td>
<td>Low</td>
<td>- Combatives SOP: FM 3-25.150 - USAIC 385-6 - FM 100-14 - Safety Brief - Cadre Rehearsal - Direct Supervision</td>
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|------------|------------|-----------------------|-------------|-----------------------|----------------------|--------------------------|------------------------|
| Gound Fighting (cont.) | Injury due to unauthorized fighting techniques | Moderate | -Soldiers will only execute techniques previously taught during bouts.  
-Students will be monitored closely during PE for unauthorized fighting technique or dangerous situations. | Low | - Combatives SOP: FM 3-25.150  
- USAIC 385-6  
- FM 100-14  
- Safety Brief  
- Cadre Rehearsal  
- Direct Supervision | Primary Instructor | |
| | Injury due to Ground Grappling with Strikes | Moderate | -All students briefed on controlled method of Striking while conducting PE.  
-Students will be monitored closely during PE.  
-Students instructed to use open hand only strikes to the face. | Low | - Combatives SOP: FM 3-25.150  
- USAIC 385-6  
- FM 100-14  
- Safety Brief  
- Cadre Rehearsal  
- Direct Supervision | Primary Instructor | |
| | Injury during Two on One Drills | Moderate | -Instructor will supervise all two on one drills.  
-Students will be informed of the verbal submission if a student cannot tap out. | Low | - Combatives SOP: FM 3-25.150  
- USAIC 385-6  
- FM 100-14  
- Safety Brief  
- Cadre Rehearsal  
- Direct Supervision | Primary Instructor | |
| | Injury during Achieve the Clinch Drill | Moderate | -All students briefed on how to properly conduct the drill.  
-Students will wear a mouth piece during drill.  
-Students with LASIK eye surgery will wear standard head gear.  
-Safety officer/NCO in place at all times during the drill. | Low | - Combatives SOP: FM 3-25.150  
- USAIC 385-6  
- FM 100-14  
- Safety Brief  
- Cadre Rehearsal  
- Direct Supervision | Primary Instructor | |
| Environmental Consideration (illumination, temperature, visibility, etc.) | Outdoor Training | Moderate | -Area will be clear of rocks, sticks or debris that will cause injury.  
- Area will be clear of ants, insects, or irritating plants that may cause injury.  
-Soldiers will be advised against impact injuries due to hardness of ground compared to mat training.  
-Provide an adequately padded fighting area with mats on the walls and floors.  
-Facility equipped with full latrines and drinking fountain for soldiers. | Low | -Area inspection and prep by instructors prior to TNG | Primary Instructor | |
| | Indoor Training | Moderate | | | -Facility inspection by instructors  
-Unit conducting TNG properly resources facility | Primary Instructor | |
### Environmental Consideration (cont.)

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| Injury requiring MEDEVAC | Moderate | - At least one CLS qualified instructor supplied with emergency medical equipment.  
- Centrally located facility with hardwired phone lines and access to EMS system.  
- CLS or medic will evaluate and determine method of EVAC if needed.  
- Call 911/ Range Control for cases of severe trauma. | Low | - Combatives SOP: FM 3-25.150  
- USAIC 385-6  
- FM 100-14  
- Safety Brief  
- Cadre Rehearsal  
- Direct Supervision | Primary Instructor |
| Heat Injury (Soldiers become overheated and do not cool down properly) | Moderate | - Leaders review heat injury types, preventive measures, signs, and treatment.  
- Ensure Soldiers have adequate time for breaks between blocks of instruction.  
Monitor soldiers and heat index [follow FB Form 7 (APR 99)] at HEAT CAT IV and again when it reaches HEAT CAT V.  
-Cadre will monitor and log WBGT Index.  
-Ice sheets will be present during training.  
-Identify, mark and monitor soldiers with previous heat injuries.  
-Soldiers briefed on signs of heat injuries.  
-Adjust training/uniform based on heat index.  
- When two or more soldiers suffer a heat injury, halt training and evaluate all soldiers.  
-For non-acclimatized personnel (within first 14 days of training) for heat category III and higher follow work/rest cycles, and water intake on the USAIC heat injury prevention card. | Low | - Combatives SOP: FM 3-25.150  
- USAIC 385-6  
- FM 100-14  
- Safety Brief  
- Cadre Rehearsal  
- Direct Supervision  
- Use USAIC REG 40-14 and FB Form 7  
- USAIC heat injury prevention card | Primary Instructor |
| Soldier receives a bee sting: | Moderate | - Soldiers with known allergies will be identified by medical history questionnaire; require soldier to keep personal bee sting kit on site. | Low | - Combatives SOP: FM 3-25.150  
- USAIC 385-6  
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