

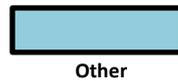


# IBOLC 16 Week Training Calendar



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
WEEK 1	REST	In-process					REST
WEEK 2	REST	Role of the PL / Writing / PT Planning			MRT I / CT	BRM PMI EST2000	REST
WEEK 3	REST	Basic Rifle Marksmanship			EDE Advanced Rifle Marksmanship	Fire Team LFX	REST
WEEK 4	REST	BD Class/IDF	Grenade CFFT	Demo SBD	CFFT Grenade	SBD Demo	SQD Battle Drills
WEEK 5	REST	Troop Leading Procedures					REST
WEEK 6	REST	Tng Mgmt	TEWT	Land Navigation		ADV LN & LN Retest	REST
WEEK 7	REST	MG Theory/PMI EST2000	MG Fam/QUAL M203/MK-19/M2/AT-4	M203/MK-19/M2/AT-4 MG Fam/QUAL	WPNS SQD LFX	Recovery Tng Mgmt Review	EDE REST
WEEK 8	REST	Squad STX	SEC BFX/SQD LFX		Squad STX		REST
WEEK 9	REST	CAID		Platoon OPS	OPORD I (Offense) Phase II Physicals		REST
WEEK 10	REST	Platoon Collective Task Training					REST
WEEK 11	REST	Defensive Operations & Urban Operations			OPORD II (Defense) CFFT II/RVS		REST
WEEK 12	REST	TEWT DEF / EA OPS	Urban Operations FTX				REST
WEEK 13	REST	Stability Operations & COIN			OPORD III (Stability) CFF LFX		REST
WEEK 14	REST	PCC/PCI/ Exam	Combined Arms LFX		Leader Forge		
WEEK 15	REST	Leader Forge		CO TM Attack	Recovery		EDE REST
WEEK 16	REST	Recovery	MRT II	Out Process	Graduation		

## Legend



Red = Live fire

# Graduation Requirements

**Leadership Assessment: 150**

Graded Platoon Leader Position : 100 points  
 Platoon Trainer Evaluation: 50 points  
 (Student Conduct-Spot Reports / Daily Quizzes)

**Comprehensive Exam: 150**

CAID: 50  
 IBOLC Final: 100

**Physical Fitness RECORD APFT: 150**

Scoring Table

290 – 300	100
270 – 289	95
250 – 269	90
230 – 249	85
215 – 229	80
195 - 214	75
180 – 195	70

**5 mile run: 25 points**

< 32:30 = 25 points (6:30 mile pace)  
 <33: 15 = 24 points (6:40 mile pace)  
 < 33:45 = 23 points (6:45 mile pace)  
 < 35:00 = 22 points (7:00 mile pace)  
 < 36:15 = 21 points (7:15 mile pace)  
 < 37:30 = 20 points (7:30 mile pace)  
 < 38:45 = 19 points (7:45 mile pace)  
 < 40:00 = 18 points (8:00 mile pace)

**12 mile Footmarch: 25 points**

< 2:24:00 hrs = 25 points (12 min pace)  
 2:36:00 hrs = 24 points (13 min pace)  
 2:48:00 hrs = 22 points (14 min pace)  
 3:00:00 hrs = 20 points (15 min pace)

**Tactical: 190**

Small Unit Operations:

Quiz: 20 Points  
Troop Leading Procedures (Offensive Operations):  
 Operational Terms & Graphics Quiz: 20 points  
 Exam: 30 points

Defensive/UO:

Defense Quiz: 20 points  
 UO Quiz: 20 points  
 Exam: 30 points

COIN/ Stability operations:

Quiz: 20 points  
 Exam: 30 points

**Technical : 120**

Land navigation: 40 points

6 out of 8 = 28 points  
 7 out of 8 = 34 points  
 8 out of 8 = 40 points  
 (Advanced Land Navigation)

Training Management:

STX Lane Development PE: 25 points  
 Training Management Quiz: 20 points  
 Physical Training Plan Development PE: 15 points  
 Machine Gunnery Principles & Range Card PE: 20 points

**Communication: 240**

Effective Writing #1: 20 points  
 Effective Writing #2: 20 points  
 Oral Operation order #1: 100 points  
 Oral Operation order #2: 100 points

**Total possible points: 1000**

**750-1000 Achieved Course Standards      700-749 Marginally Achieved Course Standards      <700 Fail to Achieve Course Standards**

**Physically Fit and Displays Confidence (10 of 11)**

- \*Pass the Army APFT (60 pt.'s per events >/= 180)
- \*Pass Army height / weight standards
- 5 Mile run in 40 minutes
- CWSA
- Tough One Obstacle
- Confidence Climb Obstacle
- Ropes During PT
- Fire Team LFX
- Squad LFX
- Platoon SBF LFX
- Platoon Live Fire Exercise

Note: Failure to meet the standard in Physically Fit / Displays Confidence and Display Will and Heart to Endure may result in a Marginal AER. I.E. even if you score over 750 for total points – however, fail Physically Fit / Displays Confidence and Display Will and Heart to Endure – you may get a Marginal AER.

**Display Will and Heart to Endure (8 of 9)**

- Advanced land navigation
- Four mile foot-march during the course
- Six mile foot-march during the course
- Eight mile foot-march during the course
- Ten mile foot-march during the course
- Twelve mile foot-march during the course
- Sixteen mile foot-march ICW Leader Forge attacks
- Greater than / equal to 40 hours of continuous operations in a 48 hour field training event.
- Participate and complete Leader Forge

**\*Note. Must complete these tasks**