

## Enclosure I (Ranger Course Criteria) to Commander's Validation of Ranger School Prerequisites

1. GENERAL: As per Department of the Army Message 091738Z FEB 05, Combat Support (CS) and Combat Service Support (CSS), Soldiers may attend the Ranger Course but are limited to Soldiers whom the DOD Direct Combat rule Policy applies as outlined by AR 600-13 and AR 680-29. Officer and enlisted Soldiers must submit a DA Form 4187 through their chain of command to Human Resources Command (HRC). Approval authority for all Soldiers is HRC and may not be further delegated.

2. ENLISTED PERSONNEL: Enlisted applicants must have a standard GT (General Technical) score of 90 or higher in aptitude and 12 months or more active duty service remaining after the completion of the course IAW AR 600-214. Ranger training is available on a voluntary basis only for enlisted Soldiers who are E-4 and above. Enlisted applicants in the grade of E-3 not assigned to the 75th Ranger Regiment or Ranger Training Brigade must submit a request for waiver to the applicant's chain of command. The waiver must be endorsed by the company, battalion, and brigade/regimental commanders. The waiver will include the most recent APFT and time served in a leadership position. The RTB commander will review and declare eligibility of the applicant prior to the individual reporting for Ranger Training. The approved waiver must accompany application for quotas to the Ranger Course. The applicant must bring a copy of the waiver for in-processing into the Ranger Course. The request for waiver will be in standard memorandum format stating the student's standard name line, circumstances, and the class date the student will attend. Fax the request to the Ranger Training Brigade, Attention: Senior TAC Officer. DSN 784-6604, Commercial 706 544-6604.

3. Medical: Medical fitness standards are IAW with AR 40-501, chapters 2 and 5-3; the physical examination is performed IAW Chapter 8. All medical requirements and information including the Medial Screening Form, Physical Exam checklists with required laboratory and diagnostic testing, Waiver Forms, Acclimatization Guide and other pertinent Information are on the RTB website, <http://www.benning.army.mil/infantry/rtb/StudentInformation.html#Medical> under the "Medical Information" link.

### Medical Prerequisites:

- a. Complete Health Records (original or copy) OR a completed Medical screening Form-Ranger.
- b. DD 2807-1 (Report of Medical History) and DO 28808 (Report of Medical Examination), complete, signed by a Physician (MD or DO), dated within 18 months of their reporting date for attendance at Ranger/RSLC. Copies of laboratory results may be attached if they are not written on the DD 2808.
- c. Memorandum from a Dental Clinic stating that the student is Class 2 Dental and has a current Panorex on file.

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d. Medical conditions that are disqualifying for admittance into the Ranger course are those requiring the use of chronic medications or regular surveillance, conditions that are on-going without resolution, or any condition that would make the Soldier non-deployable IAW AR 40-501. Previous Hot Weather Injuries are precluded from attending classes from April-October. Previous Cold Weather Injuries are precluded from attending Ranger classes from October-April.

Personnel who do not meet medical fitness standards IAW AR 40-50 I may request waiver consideration from the RTB. Contact the Brigade Surgeon at 706 544-6918. LASIK/PRK waivers are only required if the surgery was performed within 3 months of course start date.

You will not be allowed to bring or use ANY medications of ANY KIND unless approved or issued by the RTB medical personnel.

e. Students are not required to be Airborne qualified, but are encouraged to attend the Airborne Course prior to attending the Ranger Course.

f. No security clearance is required.

g. No additional obligated service is incurred by active Army Commissioned Officers for attending the course.



**DEPARTMENT OF THE ARMY  
RANGER TRAINING BRIGADE  
10850 SCHNEIDER ROAD  
FORT BENNING, GEORGIA 31905-4166**

REPLY TO  
ATTENTION OF

ATSH-RB

21 September 2011

MEMORANDUM FOR RECORD

SUBJECT: Certification of Ranger Task Proficiency

1. The below listed individual(s) have been tested and found proficient in the attached Ranger Tasks:

Doe, John	SGT	123-45-XXXX
Buck, Joe	SGT	987-33-XXXX

2. These Soldiers have also passed the following physical qualification tests within 90 days of reporting to Ranger School:

-Pushups (min 49 in 2 minutes), sit-ups (min 59 in 2 minutes), pull-ups (min 6)

-5 mile run in 40 minutes or less

-Combat Water Survival Assessment consisting of:

- a. Equipment removal
- b. 15 meter swim in ACU's and boots

3. Myself or appointed representative has inspected and confirmed that the above listed Soldiers departed with all items of equipment on the Ranger School Packing List signed by the inspector, complete Health records (original or copy) or a completed Medical Screening Form-Ranger qualified physical exam dated within 18 months of day one of Ranger School, and current dental Panorex or statement of Panorex availability and currency.

4. (Inspector must be SGT or above) SFC Suffey, Joe PSG, Aco 2-327 inspected and confirmed that the above Soldiers departed with all items of equipment on the Ranger School Packing List.

5. POC for this memorandum is the undersigned at, 706-544-XXXX, email james.jones@XXX

LAST NAME, FIRST  
RANK, BRANCH  
Position