



REPLY TO  
ATTENTION OF

**DEPARTMENT OF THE ARMY**  
HEADQUARTERS, AIRBORNE & RANGER TRAINING BRIGADE  
6850 BARRON RD, BLDG 85  
FORT BENNING, GEORGIA 31905-4166

ATSH-RB

13 January 2015

MEMORANDUM FOR RECORD

SUBJECT: Commander's Validation of Ranger Course Prerequisites

1. Commanders at all levels should ensure that Ranger candidates are in top physical condition and meet all entrance requirements prior to Zero Day. The Commander's Ranger Course Prerequisites Validation Memorandum (Enclosure 1) is signed by the candidate's Company Commander, certifying the candidate's proficiency in Common Ranger tasks, successful completion of the Combat Water Survival Assessment, overall Physical Readiness, preparation of equipment, and completion of all required documentation.

2. General Prerequisites.

a. Enlisted applicants must have a standard GT (General Technical) score of 90 or higher in aptitude and 12 months or more active duty service remaining after the completion of the course IAW AR 614-200. Ranger training is available on a voluntary basis only for enlisted Soldiers who are E-3 and above

b. Physical Readiness. Students must arrive at Ranger School prepared to successfully complete the Ranger Assessment Phase (RAP). RAP week is the first four days of the Ranger Course and assesses an individual's physical readiness to participate in Ranger training. Events during RAP week include the Ranger Physical Assessment (RPA), a land navigation test, 12-mile ruck march, and one obstacle course along with other strenuous physical activities. Students who successfully complete RAP week will remain in training. Individuals who do not successfully complete RAP week will be released from training and returned to their units. The bottom line is that 65% of Students that pass the Ranger Assessment Phase graduate from Ranger School.

c. Common Task List. Commanders must certify their Soldier on the Ranger Common Tasks within 90 days of the Soldier reporting to the Ranger Course (Enclosure 2). Ranger candidates not certified by their sending unit commander, or failing to provide a memorandum of certification will not be admitted to the Ranger Course.

d. Unauthorized items, as defined in the Ranger packing list, will not be stored by ARTB unless the student is TDY en route or OCONUS.

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e. Tobacco and caffeine products of any kind are forbidden and will be grounds for immediate dismissal from the Ranger course.

### 3. Medical Readiness.

a. Medical fitness standards are IAW AR 40-501, chapters 2 and 5-3; the physical examination is performed IAW Chapter 8. All medical requirements and information including the Medical Screening Form, Physical Exam checklist (Enclosure 3) with required laboratory and diagnostic testing, waiver forms, acclimatization guide, and other pertinent information are available on the ARTB website at the following link: <https://www.benning.army.mil/infantry/rtb/StudentInformation.html> (under the "Medical Information" tab).

b. Medical conditions that are disqualifying for admittance into the Ranger Course are those requiring the use of chronic medications or regular surveillance, conditions that are on-going without resolution, or any condition that would make the Soldier non-deployable IAW AR 40-501. Female Students may choose to utilize birth control, with the following methods authorized: Intrauterine Devices (Mirena and ParaGard only), Birth Control Pills, Patch and Implant (Nexplanon). Female students using birth control will be required to bring a 6 month supply.

c. Previous Hot Weather Injuries are precluded from attending classes between April-October. Previous Cold Weather Injuries are precluded from attending Ranger classes between October-April.

d. All students are required to provide a copy of the forms listed below. Do NOT bring your original medical records.

(1) Any Waivers. Personnel who do not meet medical fitness standards IAW AR 40-501, chapters 2 and 5-3 may request waiver consideration from the ARTB Physician Assistant. Contact the Brigade PA at (706) 544-6965.

(2) DD 2801-1 (Report of Medical History) and DO 28808 (Report of Medical Examination), complete, signed by a Physician (MD or DO), dated within 18 months of their reporting date for attendance at Ranger. Copies of laboratory results may be attached if they are not written on the DD 2808. Examinations performed by a Physician Assistant MUST be co-signed by a Physician.

(3) Memorandum from the Dental Clinic stating that the student is Class 2 Dental and has a current Panorex on file. Dentist signature MUST be on the DA 2808.

(4) LASIK/PRK waivers are only required if the surgery was performed within three months of the course start date.

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4. Other Information.

a. Students are not required to be Airborne qualified, but are encouraged to attend the Airborne Course prior to attending the Ranger Course.

b. No security clearance is required to attend the Ranger Course.

c. No additional active duty service obligation (ADSO) is incurred by active army Commissioned officers for attending the Ranger Course

3. The POC for this memorandum is the Brigade Senior TAC at (706) 544-7312 or the Brigade Physician Assistant at (706) 544-6965.

Encl 3

1. Validation Memo
2. Common Task List
3. Ranger PE Checklist

//ORIGINAL SIGNED//  
DAVID G. FIVECOAT  
COL, IN  
Commanding