(Enclosure 1 - Administrative Instructions) to 31st Annual David E. Grange Jr. Best Ranger Competition

1. **SITUATION.** The Airborne and Ranger Training Brigade (ARTB) will sponsor the 31st Annual David E. Grange Jr. Best Ranger Competition from 11 – 14 April, 2014. The competition is a multi-day event that will test the mental and physical stamina as well as the tactical and technical skills of the participants.

2. **CONCEPT OF THE OPERATION.**

a. Units will assess and select teams to serve as their representatives in the competition. Officers and enlisted personnel may compete as long as they are Ranger qualified (be awarded an SQI of "5S" for officers or "V" for enlisted). Competitors are required to have a current Ranger Physical on file dated NET 11 APR 13 and have no adverse personnel actions pending.

b. The overall sequence of competition events will remain unknown, but competitors will receive task, condition, and standard prior to the execution of each event.

c. Team allocations will be determined by the ARTB NLT 28 FEB 14. Any unit attempting to enter a team into the competition must gain ARTB Command Group approval. To do so, competitor teams must submit a Team Competitor Packet to the ARTB. The Team Competitor Packet consists of the following: Letter of Intent, Competitor Biography Sheet, and current Ranger Physical dated NET 11 APR 13. Team Competitor packets must be submitted NLT 21 FEB 2014 to the ARTB POC through your Division Headquarters (or BDE S3 if unit is a separate BDE). Additionally, all Letters of Intent require the Division G3 (or BDE S3 if unit is a separate BDE) signature. The ARTB will not accept team submissions through any other channel. The submission point of contact is the Airborne and Ranger Training Brigade AS3, ATTN: CPT Kyle Kunkel, 706-544-7169, e-mail: kyle.k.kunkel.mil@mail.mil.

d. The Awards Ceremony will be 14 1000 APR 14, Marshall Auditorium, MWH, Fort Benning, Georgia. Teams will receive awards based on their performance and placement at the completion of the competition.

3. **EXECUTION.**

a. The Best Ranger Competition is a professionally conducted military competition. Competitors are expected to adhere to the Ranger Creed and the spirit of the competition. Competitors who intentionally violate the intent of the task, condition, or standard of an event will be disqualified.

b. Land navigation and foot marching events are the most physically demanding and fatiguing events conducted during the competition. The ARTB recommends foot marching and land navigation at varying distances (up to 25 miles) carrying a 65lb rucksack in ACU, LCE or FLC, M-4 Rifle, and boots (as outlined in section 5) .

c. Teams are allowed to billet/mess at 4th Battalion, ARTB, from 07 – 14 APR 14. To request billeting with 4th BN, email a request to the Airborne and Ranger Training Brigade AS3, ATTN: CPT Kyle Kunkel, 706-544-7169, e-mail: kyle.k.kunkel.mil@mail.mil .

d. The ARTB will not store/secure weapons or equipment brought by competitors.

e. Competitors may NOT conduct preparatory training on the Darby Queen obstacle course.

f. Competitors must conduct intravenous training and be certified by a medical officer to administer intravenous injections. This training needs to be reflected in the letter of intent to compete (Enclosure 2).

g. The basic competition uniform will consist of ACUs, ACU patrol cap, ACH helmet w/cover, tan boots, Fighting Load Carrier (FLC), weapon, and MOLLE 3 fieldpack. Competitors will not modify their equipment with the intent of giving them an unfair advantage (i.e. cutting straps, buckles, pockets off of uniforms/equipment to reduce weight).

h. Teams will report NLT 07 1300 APR 2014, in duty uniform (ACUs) with all in-processing documentation (see below) and all packing list equipment, to the ARTB headquarters located at BLDG 5024, Camp Rogers, Fort Benning, GA.

i. After 07 1300 APR 2014, all team competitors are locked and will not be changed without approval from the ARTB Command Team.

j. ARTB cadre will control all clothing and equipment exchanges once the competition begins. Receipt of any item from an outside source after the competition starts will result in the team's disqualification from the competition.

k. Competitors must possess the following paperwork to in-process:

(1) Copy of Ranger qualified physical examination dated within last 12 months (NET 11 APR 13).

(2) Copy of orders awarding the Ranger Tab.

(3) Copy of orders awarding Parachutist Badge.

IF ANY IDENTIFIED TEAM PAPERWORK IS MISSING BY TEAM MEMBERS, THE TEAM WILL NOT PARTICIPATE IN THE COMPETITION.

l. Visitors and unit supporters are highly encouraged to attend the Best Ranger Competition. A visitor's center with appropriate event information will be located vicinity the Airborne and Ranger Training Brigade Headquarters, Building 5024, during the competition.

m. Coaches/Trainers assisting competitors in training will not have access to competitors during the competition. Coaches/Trainers are not authorized to attend competitor briefings. Coaches will be treated as spectators.

4. MEDICAL.

a. Competitors may be tested multiple times IAW Army regulations for illegal drugs or steroid use.

b. All over the counter medication (Motrin, Aspirin, etc.) is prohibited unless provided by ARTB medical staff. Any medication or nutritional/performance enhancing supplements (to include blood and blood products) is strictly forbidden during the competition. The medical director validates any/all prescription medication during in-processing. Drug surveillance and testing is accomplished prior to, during, and after the competition. Refusal to submit to testing will result in disqualification. There is no appeal process. A positive test for any illegal substance will result in disqualification and will be forwarded to the competitor's unit for potential UCMJ action.

c. The Airborne and Ranger Training Brigade will provide Cera-Sport to all competitors throughout the Best Ranger Competition to aid in re-hydration.

5. PACKING LIST.

a. The packing list may be modified before competition report date. It is a competitor's responsibility to ensure he has the most up to date packing list and the correct items.

WORN	NSN
ID Tags x 2 w/break away chain (long and short)	8465-00-261-6629
ID Card	
ACU Shirt w/rank, nametape,	
US ARMY, unit patch, US flag	
ACU Trouser	
Belt	
Tan T-shirt	
Pair Cushion Sole Socks	
Army Boots, Tan (see Item 1)	

ITEMS IN ALICE PACK	NSN
1-MOLLE Fieldpack, Large	8465-01-524-5285
1-MOLLE Pack Frame	8465-01-524-8368
1-Molded Waistbelt (Frame)	8465-01-524-7232
2-Sustainment Pouch	8465-01-524-7226
2-ACU Shirt (w/Nametape, US ARMY, and Rank)	
2-ACU Trouser	
3-Pair Cushion Sole Socks	
2-Tan T-shirt	
1-Poncho, Individual, Camouflaged	8405-01-100-0976
1-ACU Patrol Cap	

1-Poncho Liner	8405-00-889-3683
1-Below Listed Item (Competitor Selects)	
Sleeping Shirt	
Field Jacket Liner	
Poly Pro Top	
1-Pair White Work Gloves	8415-00-268-7870
1- Flashlight (Minimum AA Powered)	
1-ECWCS Gore-Tex Parka	
1-2-Quart Canteen (empty)	8465-01-118-8175
1-Pencil	
1-Waterproof Bag	
1-Pair of Boots (See Item 1)	
1-Ranger Handbook	SH 21-76(dtd AUG 2010)
1-Can, Foot Powder	
1-ACH (w/ACU Cover and night vision mount)	

1-eye protection (goggles or glasses, must meet NSI Z78.1-2003 and CSA Z94.3. and MIL VO Ballistic impact requirements).
1-gloves (black or green, military or RFI issue)

WORN	**NSN:**
Fighting Load Carrier (FLC)	8465-01-525-0577
2-Canteen/GP Pouch	8465-01-525-0585
2-Hand Grenade Pouch	8465-01-525-0589
2-Pocket, Magazine M4, Double	8465-01-525-0606
4-Magazines (30 round)	
1-Lensatic Compass	6605-00-151-5337
2-1 Quart Canteen (empty)	8465-01-115-0026
1-Whistle	
1-Knife or multi-tool (Blade Less Than 4 Inches)	
1-100 oz (Minimum) Camelback	

OPTIONAL ITEMS.
-Wristwatch (Watch will not have any type of GPS or digital compass capabilities)
-Boot inserts (any type)
-Insect repellant
-Sunscreen
-Additional Cushion Sole Socks
-Headlamp
-Running Shoes
-Contact Lenses (Must have prescription eyeglasses)

ITEMS NOT AUTHORIZED.
-Any type of water container other than listed above
-Any type of light source other than listed above

-Any type of Global Positioning System
-Any type of internet/e-mail capable device
-Cell Phone (item is authorized for use off-duty, however not during the competition)
-Additional food supplements, powder drinks, vitamins, tobacco, or any other consumable items not issued by the ARTB.

Item 1. Boots worn with the ACU need to be Army combat boots (hot weather or temperate weather) made of Tan rough side out cattle hide leather with a plain toe and tan rubber outsoles. The boots are laced diagonally with tan laces. Metal cleats and side tabs, and sewn-in or laced-in zipper inserts are not authorized. A rubber outsole is the only outsole material that currently meets the need for durability and traction on surfaces. Soldiers may wear commercial boots of a design similar to that of the army combat boot (tan), 8 to 10 inches in height as authorized by the ARTB commander or ARTB CSM. The boots must be made of tan rough side out cattle hide leather, with a plain toe, and have a tan, rubber outsole.

NOTE. ANY OPTIONAL EQUIPMENT NOTED DURING THE INITIAL INSPECTION MUST ALSO BE PRESENT DURING THE FINAL INSPECTION. MOLLE (LARGE RUCKSACK WITH FRAME) ARE INVENTORIED AT THE COMPETITION START, DURING, AND FINISH. NO ITEMS CAN BE DISCARDED IF THEY BECOME WET OR DAMAGED. LOSS OF ANY INSPECTED ITEM WILL RESULT IN A PENALTY THAT MAY INCLUDE ELIMINATION FROM THE COMPETITON.

NOTE. ARTB WILL ISSUE ADDITIONAL EQUIPMENT AS REQUIRED.

6. 2014 BRC EVENT LISTING.

NOTE: Tasks and events listed could be changed and / or modified at any time prior to the event execution.

i. FRIES
ii. Water Confidence Test
iii. Smallarms and Machine gun firing
iv. Foot March
v. Spot Jump with MC-6 parachute
vi. Demo Tasks
vii. Obstacle Courses
viii. Day/Night Orienteering
ix. Prusik Climb
x. Urban Obstacle Course
xi. Grenade Assault Course
xii. CLS Medical Tasks

7. Scoring Weight of Event. The scoring weight of an event is multiplied by the number of teams initially entered into the competition. The product of that multiplication will be the number of points awarded to the 1st place team. See Diagram 1.

DIAGRAM 1: (45 TMs entered competition)

TEAM PLACE	WEIGHT 1	WEIGHT 2	WEIGHT 3	WEIGHT 4	WEIGHT 5
1	45	90	135	180	225
2	44	88	132	176	220
3	43	86	129	172	215
4	42	84	126	168	210