The first week of Ranger school called the Ranger Assessment Phase (RAP) which (by design) tests the student’s physical fitness, endurance, and some basic field skills. Training days usually start at approximately 0400 and last until 2300-2400. All training events are back to back allowing minimal or no time for rest and recovery.

The RAP week schedule is as follows:

Day 1: In-processing, medical screening, Battalion Commander Orientation

Day 2: Ranger PFT, CWST, introduction to land navigation, hand to hand combat

Day 3: Land navigation test (starts at night, ends midmorning), fundamentals of patrolling

Day 4: Land navigation re-test, 1.5 mile buddy run & Darby Mile

Day 5: 12 mile ruck march, troop leading procedure classes, leader task classes

Day 6: Airborne operation (for Airborne qualified personnel only), Ranger task training, battle drills, intelligence briefing

Day 7: Fundamentals of patrolling and battle drills

Day 8: 16-mile foot march to Camp Darby

After RAP week, the Ranger class is moved to a field training area located at Camp Darby, Ft Benning, GA. The first three days are devoted to patrolling classes. The students also run the Darby Queen obstacle/ confidence course and conduct short boxing matches. Students execute 2 three-day field exercises during which each student will be graded as squad leader and/ or team leader. At the end of the phase, students will receive the following: grades from their patrols, their peer ranking, and a short counseling session. If the student does not receive greater than 50% Go’s on all his graded patrols, he will be either dropped from the course or recycled to the next class depending on the determination of the battalion or brigade commander.

After a day of maintenance, students move to the mountain phase located at Camp Merrill, Dahlonega, GA which lasts 21 days. Students conduct about 5 days of mountaineering training and then receive more classes on patrolling techniques and orders before they execute 2 platoon-sized field training exercises. Students will be graded in primary leadership positions (platoon leader/ platoon sergeant/squad leader) at least once during the mountain phase. At the end of the phase, students will receive the following: grades from their patrols, their peer ranking, and a short counseling session. If the student does not receive greater than 50% Go’s on all his graded patrols, he will be either dropped from the course or recycled to the next class depending on the determination of the battalion or brigade commander. Additionally, peer ranking of last in the squad constitutes a drop or recycle.

Once the Ranger class completes the mountain phase, they either jump or move by bus to the Florida phase of Ranger school located at Camp Rudder, Eglin AFB, FL. The students receive additional classes on the following: patrolling techniques, survival in a swamp environment, small boat handling, and swamp crossing techniques. The students then jump into and conduct a 7-day FTX where they are again graded in leadership positions. At the end of the phase, students will receive the following: grades from their patrols, their peer ranking, and a short counseling session. If the student does not receive greater than 50% Go’s on all his graded patrols, he will be either dropped from the course or recycled to the
next class depending on the determination of the battalion or brigade commander. Peer grading remains the same as above. Once the students complete the Florida phase, they are bussed back to Ft. Benning where they graduate a few days later. The graduating class is usually given a short break while they are back at Ft. Benning prior to graduation, usually on Wednesday and Thursday for about 4 hours beginning in late afternoon. Graduation normally commences Friday at 1100 with the “Ranger in Action demonstration commencing at 1000 at the same location.