



**NATIONAL GUARD BUREAU**  
**ARMY NATIONAL GUARD WARRIOR TRAINING CENTER**  
**6901 ROSELL ROAD, BLDG 4165**  
**FORT BENNING, GA 31905-4500**

ARNG-TRW

04 NOV 2019

MEMORANDUM FOR Air Assault Course (AAC) Students

SUBJECT: Army National Guard (ARNG) AAC Student Memorandum of Instruction (MOI).

1. References:

- a. AR 40-501, Standards of Medical Fitness, 29 MAY 2007(\*RAR 303, 08/04/2011).
- b. ATRRS (Army Training Requirements and Resources System) course catalog, established by AR 350-10 under direction of the HQDA, DCS, G-1.
- c. Air Assault Program of Instruction (POI), Headquarters USAIC, G3/Directorate of Operations and Training: ATSH-OTT, 28 JAN 2009.
- d. Air Assault Course Management Plan (CMP), United States Army Infantry School: ATSH-OTQ, August 2018.

2. Purpose:

- a. To provide AAC students and sponsoring commands information about the ARNG AAC. This MOI includes student prerequisites, enrollment procedures, and a course overview and lists the required documentation for in-processing. Annexes to this MOI include packing lists and reporting instructions/location.
- b. The purpose of the ARNG AAC is to provide students the skills and knowledge required to be competent in the conduct of combat air assault operations. Upon successful completion of the course students are awarded the Air Assault Badge and Additional Skill Identifier (ASI) 2B.

3. General:

- a. The Warrior Training Center Commander is the course convening authority.
- b. During the AAC all Soldiers in attendance are considered students and will be referred to as students throughout this MOI and the conduct of the course.
- c. Students will be assigned a roster number after completing Zero Day activities. This number will be used to account for and track student progress.

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4. Course Prerequisites / Enrollment:

a. Commanders should consult the above listed references in paragraphs 1a. and 1b. to determine if a Soldier is eligible. Additionally, given the rigorous nature of this course, commanders are encouraged to select only highly motivated Soldiers who are in superb physical condition for attendance to the AAC.

b. AAC is open to all Soldiers; AAC is a branch/MOS immaterial course.

c. Unit commanders must use the Army Training Requirements and Resources System (ATRRS) when scheduling a Soldier to attend the AAC. The school code for AAC is 964A, course number 071-SI/ASI2b, and the course title is Air Assault.

d. Commanders must screen prospective students for the following medical considerations:

(1) Students over 40 must be medically screened ICW AR 40-501, Standards for Medical Fitness.

(2) Previous Hot Weather Injuries are precluded from attending classes between May-September. Previous Cold Weather Injuries are precluded from attending classes between October and April.

(3) Students must NOT have a temporary or permanent profile except for shaving or corrected hearing.

(4) Students may NOT wear corrective lenses of any type, to include contact lenses while attending the AAC. Only standard military, or appropriate civilian type glasses with a black (no logo) elastic retainer band are authorized.

5. Air Assault Course (AAC) overview. The AAC is twelve days in duration consisting of an in-processing day, zero day, and ten days of AAC instruction. In-processing day should not be factored in as a travel day. In-processing begins at 1300 on in-processing day and it is the parent unit's responsibility to ensure the Soldier is on time for in-processing. The AAC is conducted in three phases: Combat Assault Operations, Sling Load Operations, and Rappelling. The AAC culminates with students conducting a 12-mile foot march to be completed within three (3) hours or less with a complete pre-designated packing list.

a. In-Processing Day. During In-processing Day activities will begin. In-processing uniform is the Army ACUs All students must meet height and weight requirements the day of in-processing. Failure to meet the height and weight standards IAW AR 600-9 will result in the Soldier being denied enrollment into the course.

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(1) Students are required to bring the following documentation with them on in-processing day in order to enroll / attend the ARNG AAC:

(a) WTC Form 100

(b) Valid proof of medical qualification. Soldiers can locate proof of medical evaluation by visiting [www.us.army.mil](http://www.us.army.mil) (AKO) and clicking on Medical Information, then clicking on the IMR (Individual Medical Record) report. This will show the Soldier's medical history. The Soldier must verify that they have a PHA within 1 year of attending the AAC or if over 40 years old a physical within 1 year. Immunization record to include HIV Test MUST be up to date. Cadets must have a Form SF600 stating that they are physically able to conduct the course within 1 year.

(c) Three copies of student orders, such as a DD Form 1610. Service School Worksheets may be submitted in lieu of orders for resident Ft. Benning students ONLY.

(d) DA Form 705 (along with DA 5500 if applicable)

b. Zero Day. During Zero Day students will be evaluated on their physical and mental stamina by conducting a two mile run and an obstacle course.

(1) Uniform/packing list inspection.

(2) Receiving a "Go" for the obstacle course consists of successfully negotiating 8 of 9 obstacles. There are two mandatory obstacles: the "Tough One" and the "Confidence Climb". These obstacles are labeled mandatory because the student must successfully negotiate them in order to receive a "Go" for the obstacle course event.

(3) All students must complete a two mile run in less than 18 minutes wearing ACUs and running shoes.

(4) Upon successful completion of all zero day events and administrative in-processing, students will be officially admitted into the AAC. Those students who fail to meet the standards for any event or portion of an event will result in the Soldier not being admitted into the AAC and returned to their respective unit/command.

c. Phase I, Air Assault Operations:

(1) During this phase of the AAC students receive instruction on the various aspects of combat air assault. This includes; aircraft orientation, aircraft safety, aeromedical evacuation, pathfinder operations, combat assault and hand and arm signals.

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(2) Students will be administered and must pass two tests during this phase; a written test and a performance oriented, hand and arm signal test. Students may re-test each exam one time.

(3) Written test consists of 50 multiple choice questions. Students must score 70% or better to pass this test.

(4) Hand and arm signals, students must successfully perform at least seven of the ten hand and arm signals.

(5) 6 Mile Foot March. Students must complete a 6 mile foot march with prescribed equipment in 1:30 minutes or less and keep a 15 minute mile pace. At the conclusion of the foot march, the students' uniform and equipment will be inspected. Students who fail to meet the time standard or adhere to the prescribed packing list will receive a NO-GO for the 6 mile foot march event and will be dropped as a Phase I drop from the AAC.

d. Phase II, Sling Load Operations:

(1) During this phase students receive instruction on preparing, rigging, and inspecting various military sling loads to include the M1097 HMMWV, fuel/water collapsible fuel drum, cargo nets, A22 cargo bag, M149 series water trailer, the M1101 Cargo Trailer family, and Army containers (tricon or quadcon).

(2) Students will be administered and must pass two tests during this phase; a written test and a performance oriented, hands-on test. Students may re-test each exam one time.

(a) Written test consists of 50 multiple choice questions. Students must score 70% or better to pass this test.

(b) Hands-on test, students will inspect four of six sling loads and must identify three out of four rigging deficiencies on each load in two minutes or less per load in order to pass.

(3) Students must complete a 4 mile run in formation at a 9 minute per mile pace wearing the Army Physical Fitness Uniform or Service equivalent. Students who fail to complete the run within the given time will be dropped as a Phase II drop from the AAC.

e. Phase III, Rappelling Phase:

(1) During this phase students receive instruction on tying a hip rappel seat, hook-up techniques, lock-in procedures, belay procedures, and rappelling. Students will conduct multiple rappels from a rappel tower and from U.S. Army rotary wing aircraft (if aircraft is available). Students must complete the following for this phase of the course and may re-test each event only once:

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- (a) Tie a hip rappel seat in 90 seconds or less with no deficiencies.
- (b) Hook-up to a rappel rope in 15 seconds or less.
- (c) Conduct three evaluated rappels:
  - 1. Rappel without equipment executing three breaks.
  - 2. Rappel without equipment executing a lock-in.
  - 3. Rappel with semi-combat equipment executing three breaks.

f. 12 Mile Foot March. Students must complete a 12 mile foot march with prescribed equipment in three hours or less and keep a 15 minute mile pace. At the conclusion of the foot march, the students' uniform and equipment will be inspected. Students who fail to meet the time standard or adhere to the prescribed packing list will receive a NO-GO for the 12 mile foot march event and will be dropped as a 12 mile foot march failure drop from the AAC.

g. Standards of conduct.

(1) Students will be required to perform in various roles as part of the student chain of command. Military custom and courtesy, physical fitness, and military appearance and bearing are stressed and reinforced throughout the course.

(2) All students will meet the Army appearance and inspection standards. Hair will be maintained IAW AR 670-1. Females will not use metal, plastic pins, or barrettes to secure their hair. Only soft securing devices will be used or a hairnet. Additionally, males will adhere to the standards of AR 670-1 regarding facial hair. Females will not wear cosmetics in the training area during duty hours. Male and female students will ensure that fingernails will be trim and not exceeding the fingertips. The AAC NCOIC will determine whether any items, haircuts, or other devices are faddish.

(3) The course convening authority may release Soldiers for the following reasons:

- (a) Failing a re-test in any phase of the course.
- (b) Lack of motivation (Students who request to not complete the AAC).

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(c) Medical drop. Students who are injured and receive an LOD or who are evacuated to a treatment facility for an injury requiring an absence from training in excess of one hour will be dropped from the course.

(d) Missing one hour of training.

(e) Failure to meet the overall time standard or pace per mile standard of any foot march, or missing any equipment on the 6 mile or the 12 mile foot march.

(f) Serious Observation Report (SOR). Students who commit an honor violation, are disrespectful to cadre or students, disobey cadre, or commit a major safety violation are subject to immediate release at the discretion of the Warrior Training Center Bravo Company Commander.

(4) AAC NCOIC will counsel each Soldier that fails any event following its completion. AAC NCOIC will maintain a student evaluation packet outlining the Soldier's performance. The student evaluation packet will include all tests/retest results, 6 mile foot march results and 12-mile road march results. If a Soldier is released from the AAC, a copy of the student evaluation packet will be provided to the student to be given to his or her unit. The evaluation packet will recommend additional training prior to returning to the ACC.

h. Recycles. Students failing the Air Assault course at any phase will have up to six months from the start date of the AAC failed to return and complete the course. If the student does not successfully complete the course after returning within the six month window, he/she will have to start at Zero Day on their next attempt. Any student can complete the course within six months at another accredited Air Assault school if circumstances prevent them from returning to the ARNG AAC. Students must present all supporting documentation to re-enter the course within the six-month window. **Students must provide the original drop slip received during out-processing to re-enter the course. No copies will be accepted.**

6. Point of contact is the AASLT NCOIC at (706) 575-8963 or at robert.e.summers.mil@mail.mil

JEROME A. BALBIN  
CPT, IN  
Commanding

3 Encls

1. Annex A

(General Instructions / Packing List)

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(Fort Benning Reporting Instructions)

3. Annex C

(Site Map to WTC)